

Assam to issue firearm licences to indigenous people from February 2026: CM Sarma

■ Plans for a compensation fund for women affected by polygamy were also outlined, with further details to follow in the law's rules.

■ Sarma stated that the policy is not aimed at any particular community, and both Assamese and indigenous Muslims may apply.

■ The cabinet had approved this proposal earlier, allowing applications from residents in vulnerable regions.

Speaking at a press conference following a cabinet meeting in Guwahati, Sarma said that the first batch of licences will be issued selectively to residents of districts such as Dhubri, Morigaon, Barpeta, Nagaon, and South Salmara-Mankachar.

Localities including Rupahi, Dhing, and Jania have also been identified as areas where the new policy will be implemented. “We have received many applications from indigenous people for firearm licences. The government will ensure that licences are issued carefully and selectively,” Sarma said, adding that the policy is meant to enhance personal safety and security in remote areas. The state cabinet had initially approved the proposal on May 28, allowing residents of vulnerable regions to apply for firearm licences.

Sarma emphasized that the



policy is not aimed at any particular community, stating that both Assamese and indigenous Muslims can be included in the scheme. In the same briefing, Sarma highlighted demographic and economic trends in Assam, citing data from 2001–2011. He observed that the growth rate of the Hindu population is declining while

the Muslim population is increasing across most blocks of the state.

Sarma linked this to changing patterns of land ownership, noting that the sale of land from Hindus to Muslims is higher than the reverse. He also noted that land transactions now require prior government approval under a

directive issued last year. On another policy front, the Chief Minister announced that the cabinet has approved the Assam Prohibition of Polygamy Bill, 2025.

The proposed law seeks to ban polygamy, with offenders facing up to seven years of rigorous imprisonment. The law will be cognisable

and non-bailable but will exempt Scheduled Tribe populations and areas under the Sixth Schedule, such as the Bodoland Territorial Region, Dima Hasao, and Karbi Anglong. Muslims residing in Sixth Schedule areas before 2005 will also be exempted.

The government plans to set up a compensation fund for women affected by polygamy to ensure they do not face financial hardship. Details regarding compensation and children's welfare will be outlined in the rules of the law once it is passed in the assembly.

Sarma said he will hold a separate briefing in the near future to present detailed data on Assam's demographic and economic shifts, noting that while demographic change can be accepted, rapid economic shifts are more significant and impactful.

In Brief

PM Narendra Modi Arrives in Bhutan

Guwahati: Prime Minister Narendra Modi's two-day visit to Bhutan aims to strengthen the long-standing friendship and cooperation between India and Bhutan. Welcomed by Bhutanese Prime Minister Tshering Tobgay, Modi expressed gratitude for the warm reception, emphasizing the partnership anchored in trust and mutual respect. The visit includes participation in the 70th birth anniversary celebrations of Jigme Singye Wangchuck, Bhutan's Fourth King, and the inauguration of the Punatsangchhu-II hydropower project, enhancing bilateral energy ties. Additionally, the exposition of the Sacred Piprahwa Relics of Lord Buddha will occur during Bhutan's Global Peace Prayer Festival, highlighting their shared cultural heritage. Modi plans to meet the King of Bhutan and other officials during his stay, aiming to deepen their friendship.

tribute in memory of Gajendra Nath Sarma

Nagaon: Gajendra Nath Sarma was born in March 1945 in Puranigudam, Nagaon. He joined the Indian Air Force at 19 in 1964, showcasing unwavering patriotism during the India-Pakistan wars of 1965 and 1972, while furthering his education in paramedical studies. After 21 years of service, he retired voluntarily in 1985 and continued his dedication to the nation through NF Railways for an overall commitment of over 40 years. Post-retirement, he worked with the Indian Red Cross Society, influencing future caregivers and leading community initiatives. He is remembered for his integrity and service, leaving behind a family that includes his wife, son, daughters, sons-in-law, a daughter-in-law, and grandchildren. On Adya Shradha, he is honored with prayers for his eternal peace.

Meghalaya crush Arunachal by record inings

Shillong: Meghalaya achieved their largest victory in Ranji Trophy history, defeating Arunachal Pradesh by an innings and 446 runs on November 10. Arunachal, starting at 29 for 3 in their second innings, collapsed for 109, following a poor first innings of 73, while Meghalaya had previously declared at 628 for 6. Key players included Arpit Bhatewara with a double century (207), Kishan Lyngdoh (119), and Rahul Dalal (144), with Bhatewara named Player of the Match. This victory marked Meghalaya's first win of the 2025–26 season, after two draws and one abandoned match, ahead of their upcoming game against Manipur starting November 16.

Sonam Raghuvanshi's second chargesheet is probably due by the third week of November



Shillong, Nov 11: East Khasi Hills Superintendent of Police, Vivek Syiem, announced on Monday that the second chargesheet in the case concerning Sonam Raghuvanshi is anticipated to be submitted by the third week of November.

He clarified that the timeline for this submission is contingent upon the receipt of outstanding forensic reports from the Central Forensic Science Laboratory (CFSL) located in Hyderabad. Syiem stated, “The second chargesheet is on its way.

Once we receive the forensic reports from CFSL Hyderabad, we will be able to submit it.” He also mentioned that the department's goal is to have the chargesheet filed by the first week of December, with hopes of achieving the earlier deadline of the third week of November.

He stated that the investigation team has collected enough evidence to advance in the case but is pending forensic results to

reinforce their findings.

He emphasized that while there is substantial groundwork, confirmation through the forensic report is desired.

In response to concerns about the accused, Sonam Raghuvanshi, easily securing bail, the Superintendent of Police (SP) assured that a strong case has been established.

He mentioned that a robust chargesheet has been prepared by the Special Investigation Team (SIT), but the bail decision ultimately rests with the court.

Syiem also confirmed the investigation is moving forward thoroughly with a commitment to a fair and transparent process, emphasizing a focus on facts and evidence, and ensuring that justice is served. The case has garnered notable public interest, and the forthcoming chargesheet is anticipated to clarify the investigation's outcomes.

Kochpara Illegal Gambling Den Busted by Guwahati Police

Guwahati, Nov 11: Police conducted a raid in Guwahati's Kochpara locality on Monday night, targeting an illegal betting operation following the arrest of five individuals involved in running a gambling den.

The raid was prompted by confidential tips and resulted in the seizure of mobile phones, gambling tickets, cash totaling

Rs 29,100, and other related materials. Authorities underscored the detrimental impact of such activities on vulnerable individuals and appealed for community vigilance.

This operation reflects the city's ongoing efforts to combat illegal gambling, as previous raids have also uncovered various gambling rackets in the area.

On November 12, Manipur will hold a four-day National Tribal Film Festival

Imphal, Nov 11: The National Tribal Film Festival will take place in Manipur from November 12 to 15, featuring 23 tribal films from nine states, including Maharashtra, Odisha, West Bengal, and others.

Organized to celebrate Janjatiya Gaurav Varsh, the festival promotes tribal cinema and culture. It includes six feature films, two documentaries, 14 short films, and an animation on Rani Gaidinliu.

The event will host 16 national guests and will feature master classes, panel



discussions, and cultural performances. The closing ceremony coincides with the observance of Janjatiya

Gaurav Varsh Pakhwada and honors the 150th anniversary of tribal leader Bhagwan Birsamunda.

Nagaland, Assam University promoter first scientific research on medicinal plants of Meghalaya

Agency: In March 1945, Gajendra Nath Sarma was born in Puranigudam, Nagaon, a place steeped in rich cultural history. This location is renowned for its legendary figures such as Bhola Nath Barua, a prominent business tycoon instrumental in the economic development of Assam;

Deba Kanta Barua, a poet whose works resonate deeply with the human experience; and Birinchi Kumar Barua, a visionary known for integrating local folklore with broader narratives. Sarma's birth signifies a continuation of this legacy, destined to create an impact that would resonate through the trials of war and periods of quiet reflection, forever

At the onset of March 1945, in Puranigudam, Nagaon, a region renowned for its legendary figures, the narrative introduces Bhola Nath Barua, a notable business tycoon whose legacy and entrepreneurial spirit shaped the area's historical landscape.

marking his name in the annals of history.

Late Gajendra Nath Sarma dedicated over 40 years of his life to selfless service to the nation, beginning with his enlistment in the Indian Air Force at age 19 in 1964. He displayed exemplary courage during the India-Pakistan wars of 1965 and 1972, balancing mili-

tary duties with paramedical studies at the Armed Forces Medical College, Pune. In 1985, he voluntarily retired from the Air Force and continued his commitment to the nation through service at the NF Railways.

Following his retirement, he contributed significantly to society as a faculty member at the Indian Red Cross Society's Nurses Training Centre in Guwahati and held leadership roles in local community organizations. He is remembered for his sincerity, integrity, and dedication, leaving behind a loving family and a legacy of community service. On Adya Shradha, tributes are paid to his noble soul, wishing him eternal peace.

Durex The Birds and Bees Talk Monyul Super League kicks off with Grandeur at Tawang



Tawang, Nov 11: The first edition of the Monyul Super League, presented by Durex The Birds and Bees Talk and organised by the Tawang District Sports Association, was officially inaugurated at the Gyalwa Tsangyang Gyatso High Altitude Stadium, Tawang. The much-anticipated event marked a significant milestone in promoting football and sporting culture amongst youth in the Monyul region, bringing together players, dignitaries and enthusiastic spectators from across the district. The grand inaugural ceremony was graced by Shri Phurpa Tsering, Hon'ble MLA

and Advisor to the Hon'ble Minister (PWD, Highways, Science & Technology); Smti Tsering Lhamu, Hon'ble MLA cum Advisor to the Hon'ble Minister (Planning & WCD); Shri Namgye Tsering, Hon'ble MLA, Tawang; Former MLA Shri Tsering Tashi; Legendary football icon Shri Bhaichung Bhutia; Lt Gen Gambhir Singh, AVSM, YSM, GOC, Gajraj Corps; Maj Gen Amit Nautiyal, SM, GOC, 5 Mtn Div; Ms Daisy Shah, Bollywood Actress; Dr Komal Goswami, Chief of Party, Plan India; Mrs Supriya Pathak, renowned Bollywood Singer; along with several other distinguished guests, offi-

cers and sports enthusiasts. The ceremony began with the formal inauguration and welcome address, followed by the ceremonial kick-off by Shri Bhaichung Bhutia, who expressed his joy in seeing the growing enthusiasm for football in the state and Monyul region.

He praised the Tawang District Sports Association for organizing the league and pledged his academy's support to train young talents from the Monyul region. Speaking on the association, Mr. Gaurav Jain, Executive Vice President - South Asia, Reckitt, said, “We are proud to partner with the Monyul Super League through Durex The Birds and Bees Talk,

a programme committed to empowering youth with life skills, confidence and the ability to make healthy choices.” Expressing his gratitude, Shri Namgye Tsering, MLA Tawang said, “I am grateful for the partnership of the first edition of Durex The Birds & Bees Talk presents Monyul Super League, where through this tournament we were able to reach the youths of the Mon region and foster their interest towards sports and build a healthy lifestyle.” Adding glamour and entertainment to the evening, Mrs. Supriya Pathak enthralled the crowd with her captivating performance of popular Bollywood numbers, set-

ting a joyous and festive mood in the stadium. Her performance, enhanced by the Tani Daughters' graceful dance, captivated the audience. Durex The Birds and Bees Talk Monyul Super League features seven teams from Tawang and West Kameng districts, who will compete for the championship trophy over the coming days. The event drew a huge crowd, showcasing community unity and pride, and ended with cheers and camaraderie. The grand finale of the league is scheduled for 25th November, promising more thrilling matches and memorable moments in the days to come.

NATIONAL

Red Fort Blast: 2 Detained Over Car Link

New Delhi, Nov 11: Eight people were murdered in a car explosion near Delhi's Red Fort on Monday night, November 10, and at least two individuals have been taken into custody. The Hyundai i20 that detonated was previously owned by these two men, Salman and Devender. Police said on Monday night that they are currently tracking down the car's whole sales history in order to obtain additional information. So far, investigators have not drawn any conclusions related to any terror plot or otherwise. Home minister Amit Shah has said all angles are being probed. Sandeep Kumar, a spokesperson for Gurugram Police in Haryana, said the car involved in the blast was originally registered in the name of local resident Salman. It is a white car from 2013.

India-Nepal Border Talks Begin Nov 12

Agency: The annual border talks between the heads of India's and Nepal's security services will begin here on Wednesday. The topics of discussion will include reducing trans-border crimes and exchanging real-time intelligence. The Sashastra Seema Bal (SSB) and the Armed Police Force (APF) of Nepal will meet at a high level for the first time since the violent protests led by "Gen Z" that shook Kathmandu in September. According to an official release, the 9th annual coordination meeting will take place from November 12–14. APF Inspector General (IG) Raju Aryal will lead the Nepalese delegation, while SSB Director General (DG) Sanjay Singhal will lead the Indian side. The deliberations are expected to lay "special emphasis" on developing effective mechanisms for joint prevention of trans-border crimes, establishing faster and more efficient channels for real-time information sharing and reinforcing coordinated border management practices to ensure peace and security along the Indo-Nepal frontier, the SSB statement said. The last such meeting between the two forces was held in November 2024 at Kathmandu. The SSB guards the 1,751-km long unfenced border with Nepal. The force that functions under the Union home ministry also guards the 699-km long India-Bhutan border.

Tamil Nadu man found murdered in Police Quarters; Suspect Nabbed

Chennai, Nov 11: Chief Minister M K Stalin was in the town for official functions on Monday when a man was killed inside a police residential quarters in the Trichy district of Tamil Nadu. Stalin has been under increasing criticism for the state of law and order. The deceased has been identified as Thamaraihelvan, a 25-year-old who worked in the real estate business. The motive of the murder was previous enmity involving real estate, police said. Five suspects chased the victim near a locality, Bheemnagar when the deceased was on a two-wheeler. He was knocked down after the gang hit his two-wheeler with their bikes and he ran

into the new police residential quarters nearby hoping that the secure housing for police would save him, according to those in the know of the matter. "But the gang attacked him with sharp weapons, killing him on the spot and fled," said a police officer in Trichy. A case of murder has been registered at Trichy's Palakkarai Police Station. Police have arrested one Ilamaran and they are on the look out for four others — Ganesan, Nandhu, Sathesh, and Prabakaran. The body of the deceased was sent to the Trichy government hospital for postmortem. The opposition criticised the DMK regime over the crime. "In the DMK regime, law and order in

Tamil Nadu has deteriorated to such an extent that there is not a single day without murders taking place," said BJP's former TN state president K Annamalai. In Bheeman Nagar, Tiruchirappalli, a murder has raised concerns over public safety, particularly due to its occurrence within police quarters in an area densely populated with schools. Chief Minister Stalin's presence in the city highlights the severity of the law and order situation in Tamil Nadu, where safety for all demographics is increasingly compromised. The Chief Minister's administration has been criticized for leaving the police force ineffective, exacerbating the state's safety issues.

SC Takes Note of Highway Mishaps Over Bad Roads, Eateries

New Delhi, Nov 11: After taking suo motu cognizance of fatal road accidents in Rajasthan and Telangana, the Supreme Court on Monday noted an increase in highway accidents caused by the existence of unlicensed restaurants and poor road conditions and requested a report from the National Highways Authority of India (NHAI) and the Ministry of Road, Transport, and Highways (MoRTH).

The NHAI was instructed by a bench of justices JK Maheshwari and Vijay Bishnoi to conduct a survey of restaurants along the two highways—the Hyderabad-Bijapur route in Telangana and the Bharatmala highway in Rajasthan—where the incidents occurred. The chief

secretaries of the states connected by the two highways as well as the ministry of home affairs were also notified by the court. A total of 15 people lost their lives after a tempo traveller hit a stationary truck outside an eatery on Bharatmala highway passing through Phalodi in Rajasthan on November 2. Meanwhile, in Telangana, 19 people were killed after a truck carrying gravel crashed into a Telangana roadways bus in Srikakulam, Telangana, on November 3.

The court appointed senior advocate ANS Nadkarni to assist in the matter while pointing out that most highways have facility area with a parking bay to facilitate travellers to take a break for food and availing public utilities.

Prime Minister Modi Begins 2-Day Bhutan Visit, to inaugurate major Hydropower Project

New Delhi, Nov 11: As he began a two-day visit to the Himalayan nation, Prime Minister Narendra Modi stated on Tuesday that the opening of the Punatsangchhu-II hydropower project will represent another "major milestone" in the energy relationship between India and Bhutan.

During the tour, Modi will meet Prime Minister Tshering Tobgay and King Jigme Khesar Namgyel Wangchuck of Bhutan. The two will jointly inaugurate the Punatsangchhu-II project. Modi will also be present at events commemorating the 70th birthday of former Bhutanese ruler Jigme Singye Wangchuck. The external affairs ministry stated that the visit is consistent with the custom of frequent high-level bilateral exchanges and is intended to promote the "special ties of friendship and cooperation" between India and Bhutan. In a statement, Modi said, "The visit will also mark another major milestone in our successful energy partnership with the inauguration of the Punatsangchhu-II hydropower project," referring to the 1,020-MW power plant that the two nations are developing together. "I would be honored to celebrate His Majesty the Fourth King's 70th birthday with the people of Bhutan," he declared. "I am sure that my visit will strengthen our efforts toward mutual progress and prosperity and deepen our friendship." According to Modi, India and Bhutan have "exemplary ties of friendship and cooperation" that are based on a strong sense of mutual respect, trust, and understanding. "Our partnership is a model for exemplary friendly relations between neighboring countries and a key pillar of our Neigh-



bourhood First policy," he declared. The presentation of the revered Piprahwa relics of Lord Buddha, which were transported to Bhutan from India, also takes place during his visit. Modi will take part in the Global Peace Prayer Festival hosted by the Bhutanese government and offer prayers to the sacred artifacts at Tashichhodzong in Thimphu. Modi's visit will give both parties a chance to talk about how to improve their bilateral cooperation and share opinions on regional and global problems that both parties find interesting. As part of New Delhi's ef-

forts to strengthen regional connectivity to promote economic integration and commerce, India has announced that it will construct the first two cross-border railway links with Bhutan at a cost of ₹4,033 crore. The majority of Bhutan's five-year plans are funded by India, which has contributed ₹10,000 crore for the country's thirteenth five-year plan, which would run from 2024 to 2029.

Additionally, Bhutan's Economic Stimulus Program has received ₹750 crore and a program grant of ₹100 crore from the Indian government.

SC acquits Surendra Koli in Last Nithari Case

New Delhi, Nov 11: On Tuesday, the Supreme Court cleared Nithari killings convict Surendra Koli in the only case where his conviction and life sentence were still in effect. The court reasoned that the 2011 verdict could not be upheld because Koli had already been cleared in 12 other related cases involving the same facts and evidence. It would be unusual and unfair, according to a bench of Chief Justice of India Bhushan R. Gavai, justices Surya Kant, and Vikram Nath, to uphold Koli's conviction in a single instance after the Supreme Court itself had overturned his conviction in every other case based on the same evidence. "The petitioner be released forthwith, if not wanted in any other case. The jail superintendent is to be informed of this judgment immediately" said Justice Nath, delivering the verdict for the bench.

The court had, on October 7, indicated that such a result would amount to a "travesty of justice," before reserving its verdict on Koli's curative petition—his last judicial remedy. Koli was represented in the court through senior counsel Yug Mohit Chaudhary and advocate Payoshi Roy. Allowing the petition on Tuesday, the bench noted that the surviving conviction rested solely on Koli's purported confession and the recovery of a kitchen knife from a lane behind his residence—

the same evidence that formed the basis for his acquittal across the 12 other cases.

The judgment brings to a close nearly two decades of litigation in one of the most disturbing criminal cases to reach the country's criminal justice system. It also marks a rare instance of the Supreme Court overturning its own earlier decision through the extraordinary curative jurisdiction. A curative petition, typically heard in chambers, is considered only in exceptional circumstances, such as denial of a fair hearing, judicial bias, or manifest abuse of the court's process resulting in grave injustice. During the October hearing, the bench had reminded Additional Solicitor General Raja Thakare, appearing for the CBI, of the State's duty to assist the court fairly. "As a solicitor, we expect you to be an officer of the court," the CJI had remarked when Thakare sought to distinguish the pending case on factual nuances.

The Supreme Court had, in July, affirmed Koli's acquittal in 12 of the 13 cases linked to the Nithari killings, citing grave procedural lapses, unreliable evidence, and faulty recoveries unsupported by a valid disclosure statement under Section 27 of the Evidence Act. CBI's appeals against the Allahabad High Court's 2023 judgments were dismissed then. Koli's curative petition concerned

the only case in which his conviction and death sentence had been affirmed by the Supreme Court in 2011. The Allahabad High Court commuted that sentence to life imprisonment in 2015 on the ground of undue delay in the disposal of his mercy petition. Tuesday's judgment now erases even this last conviction. The Nithari killings, which came to light in 2007, shocked the country after skeletal remains of several children were recovered from a drain behind the Noida home of businessman Moninder Singh Pandher, where Koli worked as a domestic aide. Koli and Pandher were arrested after the revelations triggered nationwide outrage. CBI, which later took over the probe, alleged that Koli lured girls to the house, sexually assaulted, and murdered them, even accusing him of cannibalism. Between 2005 and 2007, 16 cases of rape and murder were registered; trial courts convicted Koli in 13, and Pandher in two.

Over time, higher courts overturned these convictions. The Allahabad High Court, in October 2023, acquitted Koli in 12 cases, raising doubts over the investigation and even hinting at the possibility of an unexplored organ trade angle. The CBI's appeals were dismissed by the Supreme Court on July 30, when it ruled that the prosecution had failed to prove guilt beyond reasonable doubt.

Vehicle explodes outside district court in Islamabad 8 injured

Agency: An explosion outside a local court in Islamabad, Pakistan, on Tuesday afternoon resulted in at least eight injuries. It was not immediately apparent what caused the explosion.

According to news agency AP, authorities have declined to comment on local media reports that suggested a

UAPA and Explosives Act has been registered.

The blast in Islamabad comes a day after Pakistani forces reportedly foiled an attempt by militants to take cadets in an army-run college hostage in Wana city of Khyber Pakhtunkhwa, near the Afghan border. According to



gas cylinder might have exploded inside the car.

The court building where the explosion occurred is frequently crowded with people who come to hearings. The latest incident comes a day after an explosion involving a parked car was reported near Red Fort in New Delhi.

At least 13 people were killed in the incident, and a case under stringent

AP, a suicide car bomber and five other Pakistani Taliban militants targeted the facility in an overnight assault. Wana has long been considered a hub for the Pakistani Taliban, al-Qaida, and other extremist groups.

However, the attempt to take cadets hostage was foiled as two militants were killed by troops, and the three who managed to enter the compound were cornered in one of the blocks.

UP's Amroha Resident Among 12 Who Died in Delhi Explosion

Amroha, Nov 11: Twelve persons were killed in the high-intensity explosion near Delhi's Red Fort, including Ashok Kumar, a 34-year-old DTC bus conductor from Amroha district. A slow-moving car detonated close to the traffic signal near Red Fort metro station as he was making his way home from work. The explosion has already claimed twelve lives and injured numerous others. It broke the glass panels of the Red Fort metro station and the windows of cars parked a few meters away. Kumar was living with his family in a rented house at Jagatpuri, New Delhi, and worked as a conductor with the Delhi Transport Corporation that provides bus services in the national capital, police said. Circle Officer Hasanpur Deep Pant said that the body of Ashok Kumar will be brought to Amroha for last rites. Uttar Pradesh Chief Minister Yogi Adityanath on Monday ordered the police to remain on high alert in the wake of a blast at Red Fort. The chief minister sought details of the incident from Director General of Police Rajeev Krishna, an official statement issued here said. Krishna issued a series of instructions to district police chiefs, asking them to stay on the ground and personally supervise security at sensitive and crowded areas. Quick Response Teams , Anti-Terrorist Squad , bomb disposal squads, and dog squads have been kept on standby, while foot patrol has been intensified, he said. Police have been told to ensure strict checking of vehicles and keep a vigilant eye at metro stations, bus stands, railway stations, malls, and cinemas without causing inconvenience to the public, the DGP said in his directive. Real-time analysis of CCTV feeds and active engagement of intelligence and local information networks have been ordered to ensure prompt reporting of any suspicious persons or activities.

Red Fort shut for three Days after Delhi Car Blast

New Delhi, Nov 11: The Red Fort will be closed to tourists and visitors from November 11 to 13, according to the Archaeological Survey of India (ASI), after a car explosion near the monument on Monday night resulted in at least eight fatalities and multiple injuries.

The ASI's Delhi Circle received a letter from the Delhi Police's Kotwali station requesting a temporary closure of the location, which led to the closure order. "The incident's crime scene is being investigated, although it is not yet finished. Therefore, it is asked that the Red Fort be closed to tourists for three days, from November 11, 2025, to November 13, 2025," the letter said. On Tuesday, the ASI attested to the request's fulfillment. An ASI official said the decision to suspend entry was made to support the police investigation and maintain public safety. The site will reopen after the investigation team completes its work, subject to security clearance.

Delhi police commissioner Satish Golcha said the blast took place at 6.52pm when the car stopped at a traffic signal, close to the Red Fort metro station in the heart of Old Delhi. The ensuing blaze

engulfed at least six cars, two e-rickshaws, one auto, and a bus. The nature of injuries was mostly burns. A case has been registered under sections of the Unlawful Activities (Prevention) Act and the Explosives Act. The Delhi Police Special Cell is leading the investigation. CCTV footage from the area is being examined, and the ownership of the vehicle is being verified. Investigators detained two people who previously owned the car as they sought to establish the chain of ownership. The national Capital and the adjoining states of Haryana and Uttar Pradesh, and cities such as Mumbai, Hyderabad, and Kolkata, were placed on high alert.

In Delhi, authorities sounded a high alert for the Delhi Metro, the Red Fort, government buildings, and the airport. The Red Fort, a UNESCO World Heritage Site, attracts large numbers of domestic and international visitors daily. The monument is also set to host a major United Nations Educational, Scientific and Cultural Organisation (UNESCO) meeting next month. From December 8 to 13, India will hold the 20th session of UNESCO's Intergovernmental Committee for the Safeguarding of the Intangible Cultural Heritage at the fort, with



over 1,000 delegates expected to attend.

Authorities said the situation would be reviewed after November 13 to decide on reopening the monument to visitors.

In the Assam University Students Union Election, ABVP wins all six important seats



Silchar, Nov 11: The Akhil Bharatiya Vidyarthi Parishad (ABVP) secured a decisive victory in the Assam University Student's Union Election 2025, successfully winning all six prominent positions available.

The election witnessed significant engagement from students representing various departments, highlighting a spirited democratic process within the university. Rajnikar Chakrabarty was elected as President, garnering 1,544 votes and defeating his closest competitor by a margin of 232 votes.

Additionally, Kaushik Das Gupta emerged as General Secretary, receiving 1,628 votes, which was the highest number recorded in this election, and he achieved a lead of 411 votes over his nearest rival. This comprehensive win reflects the strong support and mobilization efforts of the ABVP among the student body.

In the recent elections at Assam University, Arpan Chakraborty was elected as the Assistant General Secre-

tary (Male) with 934 votes, while Mimangsha Koiri secured the Assistant General Secretary (Female) position with 1,370 votes. Arup Das was chosen as the Magazine Secretary, amassing 1,542 votes, and Samar Kant won the Sports Secretary position with 1,418 votes.

University officials reported that the elections proceeded smoothly and peacefully, with vote counting continuing until late evening. The results were announced amidst cheers and celebrations from supporters of the Akhil Bharatiya Vidyarthi Parishad (ABVP) across the campus.

The newly elected representatives expressed gratitude to the student body for their trust and prioritized working on academic development, enhancing student facilities, and fostering cultural activities. This election outcome is regarded as one of ABVP's most significant victories in recent years at Assam University, highlighting the organization's increasing influence in campus politics.

Panchayat poll master trainers receive training from the State Election Commission

Itanagar, Nov 11: The State Election Commission of Arunachal Pradesh organized a comprehensive one-day training program targeting district-level master trainers. This initiative is part of the preparatory efforts for the forthcoming panchayat and municipal elections, aiming to equip the trainers with the necessary knowledge and skills to ensure a smooth electoral process.

The training conducted in Itanagar was focused on achieving effective, error-free, and transparent election processes throughout the state, highlighting the importance of these attributes in ensuring the integrity of democratic practices.

State Election Commissioner Rinchen Tashi underscored the vital function of master trainers in overseeing polling personnel at district and field levels, emphasizing that comprehensive

and detailed training is fundamental to achieving free and fair elections. He encouraged all participants to thoroughly understand election-related Acts, rules, and procedures to effectively instruct presiding and polling officers in their districts.

Tashi also highlighted the significance of practical mock exercises, which include handling ballot boxes, completing statutory forms, and ensuring strict compliance with all pertinent election laws at both state and district levels. Earlier, State Election Commission Secretary Taru Talo outlined the objectives of the training programme for participants.

The training included presentations from Dr. A. K. Mishra, SLO (NSS) from DHTE in Itanagar, and N. K. Chaurasia, Assistant Director of SCERT. They offered comprehensive insights



into polling procedures, supplemented by practical sessions focused on the use of ballot boxes and conducted mock exercises. Additionally, interactive rounds were held to address any questions and clarify uncertainties among participants.

A dead Manipur woman was discovered in Mahipalpur, Delhi
Police suspect electrocution

Imphal, Nov 11: The body of a 23-year-old woman from Manipur was discovered in her rented room in Mahipalpur, Delhi, with police suspecting electrocution as the cause of death while she used an electric rod heater in the bathroom. The incident unfolded on a Sunday evening as the woman, who worked for a software company in Gurugram, was preparing to attend a party. She had been living in a fourth-floor room for several months. At approximately 8:19 PM, a PCR call was made to Vasant Kunj (South) Police Station reporting her discovery inside a locked room. Upon investigation, officers found her unre-



sponsive in the bathroom, still clutching the electric rod.

Preliminary inquiries indicated that she went to the bathroom to take a bath, utilizing the electric rod for water heating. Concern arose when she did not emerge for an extended period, prompting a friend, also residing in the building, to check on her. The friend found the bathroom door locked from the inside and called for assistance.

Nagaland CM urges Centre to revive IISER project

Kohima, Nov 11: Nagaland Chief Minister Neiphiu Rio urged the Central government for increased support in crucial areas like infrastructure, education, and connectivity for equitable development.

At the Commonwealth Parliamentary Association Conference, he called for the establishment of an Indian Institute of Science Education and Research in Nagaland, which has been delayed since its announcement.

He also advocated for upgrading the Nagaland Institute of Medical Sciences and Research to an AIIMS-like institution and highlighted the need to improve railway connectivity, particularly by completing the Dimapur-Tizit railway project. Rio lamented the



resource constraints despite Nagaland's natural reserves and called for more national institutions to foster talent.

He expressed concern about the re-imposition of the Protected Area Permit, which he argued hinders investment. Overall, he emphasized the necessity for focused attention on Nagaland to ensure its participation in national progress while reflecting on the region's legislative history and its role in fostering parliamentary cooperation.

Residents of Nazira are forced to rely on unsafe water

Nazira, Nov 11: Residents of Nazira town are currently experiencing a severe water crisis, as the municipal corporation has failed to repair a deep tube well for five days, depriving thousands of access to safe drinking water. In the absence of clean water, residents have resorted to using contaminated sources from nearby ponds and streams. The Nazira Municipal Board (NMB) faces accusations of incompetence and negligence, with residents claiming that it prioritizes unnecessary projects over resolving the water issue. However, the PHE Department has asserted that the responsibilities for the water supply scheme were transferred to the NMB in 2008. In light of this situation, residents are calling for immediate governmental intervention to ensure a consistent supply of clean drinking water and are demanding accountability from both the NMB and the PHE Department for their shortcomings in providing essential services.

Body of girl recovered from septic tank in Assam's Jorhat

Guwahati, Nov 11: Dead body of a missing college girl was recovered from a septic tank of Jagat Singh's store in Titabor in Assam's Jorhat district on Monday. The girl has been identified as- Biplabi Das of Nandanath Saikia college of Titabor. It has been suspected that the girl was allegedly raped before murdered. But why the girl was killed it is not known. According to reports, the girl has been missing since November 7, while returning from her college. The family members have filed a missing complaint in Titabor police station. Titabor police detained Jagat Singh a 63-years-old in connection with the case and following his revelation, the lifeless body of the girl was recovered from the septic tank of Jagat Singh's store. Jagat Singh confessed that he killed the girl and dumped his body to septic tank. "We have filed a missing complaint in Titabor police station but the police has not taken the case seriously or not done anything to search her. Today, her body was recovered from the septic tank," alleged a local resident.

Statewide launch of a subsidized masur dal, sugar, and salt program

Tezpur, Nov 11: As part of the statewide launch of a subsidy program for masur dal, sugar, and salt under the National Food Security Act (NFSA), ceremonial distribution events occurred across Sonitpur district's 986 Fair Price Shops (FPS). The program aligns with a central launch by Assam's Chief Minister, Dr. Himanta Biswa Sarma, at Srimanta Sankardev Kalashetra.



District Commissioner Ananda Kumar Das emphasized food security and urged FPS dealers to utilize ePOS biometric authentication for transparency in transactions. The scheme is set to benefit 249,530 ration card holders by providing masur dal at

Rs 69/kg, sugar at Rs 38/kg, and salt at Rs 10/kg during Special Anna Sewa Din from November 10 to 19. In Golaghat district, a similar event took place at Ghiladhari Chuk Community Hall, also inaugurated

As part of the statewide launch of the subsidized distribution scheme for masur dal, sugar, and salt under the National Food Security Act (NFSA),

ration cards. Events were also held in Tinsukia and Kokrajhar, with the latter seeing significant attendance from government officials who stressed the importance of transparent distribution.

Kokrajhar's distribution is expected to support around 834,991 beneficiaries from 230,279 families. In West Karbi Anglong, the local launch saw over 4,072 beneficiaries receive subsidies, with plans for price reductions starting January 2026.

The head of the Meghalaya Congress holds firm amid a struggle for power

Shillong, Nov 11: Whispers of rebellion and speculation characterize the internal dynamics of the Meghalaya Congress, where President Vincent H. Pala remains resolute amid rumors of an attempted coup against him. Pala emphasizes that leadership aspirations within the party are natural but underscores the importance of adherence to established procedures for leadership changes, differentiating the Congress as a national party bound by institutional discipline rather than a loose regional assembly. He notes that while ambitions exist among party members for various leadership roles, the party operates on a system that requires due process for any leadership transitions, dismissing the notion of chaos or disorder within its ranks.

Pala projects confidence, citing a history where many who previously called for his removal have now expressed support for his continued leadership. He rejects the idea of anti-Pala factions within Congress, arguing that those who departed from the party did so for personal reasons rather than due to dissatisfaction with his leadership. This highlights his awareness of the complexities of human motivations in politics and illustrates his capacity to navigate a landscape marked by personal ambi-

Whispers of rebellion and intrigue circulate within the Meghalaya Congress, hinting at quiet discussions and the possibility of a palace coup.

tion versus ideological commitment.

Despite facing challenges from past defections led by figures like Dr. Mukul Sangma and the precarious state of the party's legislative strength, Pala's leadership has shown resilience. The Congress recently achieved a significant victory with Saleng A. Sangma in the Lok Sabha, yet this was soon overshadowed by recent electoral setbacks, including losses in bypolls and further defections. Pala's approach is characterized by a long-term strategy, reflecting both patience and a methodical nature as he remains dedicated to stabilizing the party. In a turbulent political landscape, Pala's nuanced understanding of party dynamics and commitment to its foundational values reveal a leader focused on the gradual but essential work of political survival and rejuvenation. Ultimately, his leadership narrative within the Congress is still being authored, highlighting the complex interplay of ambition, allegiance, and institutional loyalty.

Government Introduces New Food Support Programme

Jamugurihat, Nov 11: In Towbhang, Sonitpur District, Assam, a new food distribution scheme under the National Food Security Act was launched, making essential food items available to beneficiaries at subsidized rates. Chief Minister Dr. Himanta Biswa Sarma initiated the program, which allows ration card holders to purchase masoor dal for ₹69/kg, sugar for ₹38/kg, and salt for ₹10/kg, alongside free rice already offered. Local residents expressed gratitude, stating that this initiative will significantly aid poor and middle-income families amidst rising prices of essentials.



Gaurav Gogoi Visits Margherita Colliery and Examines Issues in the Coal Sector

The Assam Pradesh Congress President engaged with officials and local residents at Ledo Tikak Colliery, addressing the various challenges facing the coal industry. During the meeting, he expressed criticism towards the government, accusing it of being involved in alleged syndicate operations that are impacting the sector negatively.



Margherita, Nov 11: Assam Pradesh Congress Committee (APCC) President Gaurav Gogoi visited the Ledo Tikak Colliery in Margherita on Monday evening as part of an initiative to evaluate the state of the coal sector in the region. His visit was aimed at engaging with officials, workers, and community members to gain insights into the coal mining industry and its impact on local liveli-

hoods.

Accompanied by members and office bearers of the Margherita Block Congress Committee, Gogoi's visit spotlighted ongoing issues related to coal mining that have been a source of concern for a long time in Upper Assam. This interaction serves to highlight the importance of addressing the challenges faced by the coal sector and the commu-

nities that depend on it for their livelihood, indicating a push from the Congress party to advocate for solutions to these systemic issues.

Gogoi criticized the state government during a media address following an inspection, highlighting a lack of arrests despite the Enforcement Directorate (ED) naming specific coal traders in its report.

He accused the Chief Minister of permitting the "coal syndicate" to persist in its operations within the state. Regarding the uncertain future of the North Eastern Coalfields and the inactive Chaleki coal-based thermal power project, Gogoi emphasized the necessity for discussions between the local community and Coal India officials to devise a workable solution.

His visit to Margherita is strategically timed with the upcoming state Assembly elections, reflecting the Congress party's initiatives to enhance its organizational presence and re-establish connections with the working-class populace in the coal belt of Upper Assam.

Dibrugarh University's Indian Space Research Organization (ISRO) program

Dibrugarh, Nov 11: The outreach programme titled 'Igniting Young Minds Through Science and Space' was organized by the Indian Space Research Organization (ISRO) in collaboration with the North Eastern Space Applications Centre (NESAC) at Dibrugarh University.

The event began with an inaugural session attended by notable figures including Prof Jiten Hazarika, the Vice-Chancellor of Dibrugarh University, Dr Paramananda Sonowal, the Registrar, Dr Mohammad Hasan from ISRO, Dr Arup Borgohain from N E S A C, and Prof U D Goswami from Dibrugarh University. The programme saw participation from around 110 attendees from various parts of the state, as highlighted by Prof Kalyan Bhuyan, the programme's Convener. Following the inaugural remarks, a technical session featured two lectures: 'Indian Space Science Programme' presented by Dr Mohammad Hassan and 'Space Technology Applications for Societal Benefit' delivered by Dr Arup Borgohain. The final segment of the day included presentations from students representing multiple educational institutions in Assam. Notably, the top three presentations from this group will receive the opportunity to present their work at the upcoming National Space Science Symposium, scheduled to take place in Shillong from February 23-27, 2026. This initiative aims to inspire and educate young minds about the fields of science and space technology.

Markets rebound after 3-day fall on firm Asian peers, FII inflows

Mumbai: Equity benchmark indices Sensex and Nifty rebounded in early trade on Monday after sliding for the past three sessions tracking positive trends in Asian markets and buying in blue-chip stocks. The 30-share BSE Sensex climbed 267.74 points or 0.32 per cent to 83,484.02 in early trade. The 50-share NSE Nifty advanced 84.90 points or 0.33 per cent to 25,577.20. Among the 30 Sensex firms, Asian Paints, Bharat Electronic Ltd, Larsen & Toubro, Titan, Reliance Industries, Tata Motors Passenger Vehicles, Infosys, Bajaj Finserv, Axis Bank, Bajaj Finance, ITC and Bharti Airtel were the gainers. Trent Ltd, Power Grid, Mahindra & Mahindra, NTPC, State Bank of India, Adani Ports and UltraTech Cement were among the laggards. In Asian markets, South Korea's Kospi jumped 3 per cent, Japan's Nikkei 225 index gained nearly 1 per cent, and Hong Kong's Hang Seng rose 0.47 per cent, while Shanghai's Composite Index was trading marginally lower. The US markets ended largely higher on Friday. Foreign Institutional Investors (FIIs) bought equities worth Rs 4,581.34 crore on Friday, while Domestic Institutional Investors outnumbered the FIIs by acquiring the stocks worth Rs 6,674.77 crore, according to the exchange data.



The firm expects H2 performance to be better than H1, KPIT Technologies Q2 earnings

Firm expects H2 performance to be better than H1, KPIT Technologies Q2 earnings

Mumbai: Shares of KPIT Technologies were trading nearly 1.5% higher on Tuesday after the firm reported its Q2 earnings. KPIT Technologies shares gained 1.5% to Rs 1215 today against the previous close of Rs 1193.15. Total 0.89 lakh shares of the firm changed hands amounting to a turnover of Rs 10.66 crore. Market cap of the firm stood at Rs 33,133 crore. KPIT Technologies stock has fallen 14 per cent in a year and lost 19 per cent since beginning of the year. Meanwhile, management of the firm told Business Today that the firm expects H2 performance to be better than H1 and expects profitability to remain intact during the period.

The firm clocked revenue growth at Rs 1,590.00 crore, up 3.25% quarter-on-quarter from Rs 1,540.00 crore in the previous quarter. Net profit remained flat at Rs 170.00 crore. EBIT increased marginally to Rs 246.00 crore with an improved margin of 15.50%. The company faced challenges in maintaining profit margins despite revenue growth. The company's Earnings Before Interest and Taxes (EBIT) rose marginally to Rs 246.00 crore in Q2 from Rs 240.00 crore quarter-over-quarter. On a positive note, the EBIT margin improved to 15.50% from 15% in the previous quarter. Sachin Tikekar, Co-founder and Joint MD, KPIT Technologies told Business Today that H2 is going to be better than H1, both in terms of growth in the revenues. The company expects to hold on to its profitability the second half in spite of the current pressures. Referring to the company's clients, Tikekar said car makers and truck makers have seen year-on-year profits fall of approximately 50% and they've not seen the bottom of it yet. "However, they've been working very hard to figure out what's really their priority and where they can cut costs and programs. And that's something that they've been doing very diligently over the last year," he added.

Suzlon shares: ICICI Securities hails strong H1 show, expects stronger H2 ; check target

New Delhi: Suzlon share price: Domestic brokerage firm ICICI Securities continues to remain positive on Suzlon Energy in its recent report as it believes that the company has delivered a robust H1FY26 performance led by its wind turbine deliveries at twice on a yearly basis, which in turn, resulted in strong revenue and Ebitda and manifold jump in the bottomline. Due to orders totaling 2.2GW during this time, its order book (OB) also increased to 6.2GW end of H1FY26. According to ICICI Securities, the OB is about four times its FY25 wind turbine deliveries, offering a healthy runway of more than two years even at the current level. Suzlon stuck to its FY26 growth target of 60% YoY across all important metrics. Outlook for the wind industry is positive over the medium to long term, given India's RE and wind capacity targets. Also, given the increasing complexity of RE power projects, we believe wind may play a crucial role in RE generation going ahead, it added. "We maintain 'buy' with a target price of Rs 76 per cent (unchanged), valuing the business at 40 times FY27E EPS." However, ICICI Securities has cited any surprise in WTG execution and OI as any upside risk, while any delay in execution may cause a downside rise for the company. The brokerage firm is expecting a nearly 33 per cent upside in the stock from its current levels

For the September 2025 quarter, Suzlon En-



ergy's net profit increased more than six times year over year (YoY) to Rs 1,278 crore, while operating revenue increased 85% YoY to Rs 3,870 crore. Ebitda margins increased 460 basis points to 18.6% for the reported quarter, while Ebitda increased 145% YoY to Rs 720 crore. "We expect the order outlook for wind to remain healthy for the next 2-3 years, with increasing focus on hybrid and FDRE for RE capacity addition. Suzlon has had better second halves historically, and its strong H1 performance sets the tone for what we estimate to be a robust FY26," it said.

Suzlon's entry into PSU orders last year au-

gurs well for prospective OI in the medium term. Further, Suzlon is at a vantage with its well-established domestic supply chain, as India has mandated domestic sourcing of key components for new bids. It is also strategically focusing on growing its share of EPC from 20 per cent to 50 per cent by FY28, said ICICI Securities. Shares of Suzlon Energy dropped nearly a per cent in early trade on Tuesday to Rs 56.85, but staged a rebound of nearly 2 per cent to Rs 57.90 on Monday. The total market capitalisation of Suzlon stood around Rs 79,000 crore. The stock has tumbled nearly 7 per cent in the last one week.

Tata Motors demerger: CV arm to list on November 12

New Delhi: All eyes are on Dalal Street as Tata Motors' demerged commercial vehicles (CV) arm gears up for its stock market debut on Wednesday, November 12, 2025. The listing marks the culmination of the auto major's long-awaited restructuring exercise, which separates its businesses into two focused, publicly traded entities — one handling commercial vehicles and the other encompassing passen-

Godrej Industries Q2 results Profit falls 16% to Rs 242 crore

Mumbai: Godrej Industries Limited (GIL) reported a weak set of numbers for the quarter ended September 30, 2025, as profits declined sharply even though revenue posted modest growth. The conglomerate's consolidated net profit, attributable to owners, fell 15.8 per cent year-on-year (YoY) to Rs 242.4 crore from Rs 288 crore in the same quarter last year. The company's consolidated revenue from operations inched up 4.7 per cent YoY to Rs 5,032 crore, compared with Rs 4,804 crore in the corresponding period of the previous fiscal. Despite the

uptick in revenue, operational performance came under heavy pressure. Earnings Before Interest, Tax, Depreciation and Amortisation (EBITDA) plunged 76.5 per cent YoY to Rs 134.7 crore from Rs 573.9 crore. Consequently, the EBITDA margin shrank sharply to 2.7 per cent, down from 11.9 per cent a year earlier. A segment-wise analysis shows a mixed performance across businesses. The 'Estate & Property Development' division emerged as the top contributor, generating Rs 1,950 crore in revenue and Rs 674 crore in profit before interest

and tax (PBIT). The 'Animal Feed' business was the second-largest contributor, posting Rs 1,217 crore in revenue, while the 'Chemicals' segment followed with Rs 1,059 crore. The group's listed subsidiaries reported contrasting performances. Godrej Properties Limited (GPL) maintained strong business momentum, with book-value surging 64 per cent YoY to Rs 8,505 crore, driven by sales of 7.14 million sq. ft. Meanwhile, Godrej Agrovet Limited (GAVL) reported record volumes in its Animal Feed segment.

Vodafone Idea shares jump over 6% as Q2 net loss narrows

New Delhi: Shares of Vodafone Idea Ltd surged 6.20 per cent in Tuesday's trade to hit a high of Rs 10.10 after the telecom operator trimmed its losses during the July-September quarter (Q2 FY26).

The telco reported a narrower consolidated net loss of Rs 5,524.2 crore for Q2 FY26, compared with Rs 7,175.9 crore in the corresponding period last year. Revenue for the quarter stood at Rs 11,190 crore, marking a year-on-year (YoY) growth of 2.4 per cent. EBITDA was at Rs 4,690 crore, while cash EBITDA excluding Ind AS 116 impact came in at Rs 2,250 crore, compared to Rs 2,320 crore in Q2 FY25. The telecom operator's capex stood at Rs 1,750 crore during the quarter and Rs 4,200 crore for the first half of FY26. As of September 30, 2025, the company's debt from banks stood at Rs 1,530 crore, while its cash and bank balance was Rs 3,080 crore. Voda Idea said, "We welcome the Hon'ble Supreme Court's judge-



ment dated October 27, 2025 and November 3, 2025 whereby the Union of India is permitted to reconsider and take an appropriate

decision with reference to the additional AGR demand raised for the period up to the Financial Year 2016-2017 and comprehensively

reassessing and reconciling all said Financial Year. We are in discussion with the DoT for next steps on this matter."

Despite strong sales growth, decline due to increased costs Preview of BSE Q2 results

New Delhi: BSE Q2 results preview: India's leading stock exchange BSE is set to announce its results for quarter and half year ended on September 30, 2025 on Tuesday, November 11. Analysts expect BSE to post strong revenue growth, aided by higher derivative and IPO transaction volumes, though Ebitda margins may compress slightly due to higher clearing and regulatory costs. While derivatives remain the key driver (over 60 per cent of total revenue), margin normalization from SGF expenses and moderation in premium realization could weigh mildly on profitability. Regulatory uncertainty around weekly index options remains an investor concern, they added. Brokerage firms are expecting BSE's revenue to rise up to 40 per cent on a year-on-year (YoY) and up to 9 per cent quarter-on-quarter (QoQ) basis, driven by strong transaction and IPO revenue, despite moderation in options premium. Ebitda may improve 65-70 per cent YoY and 5 per cent QoQ but margins may drop sequentially. Net profit is likely to zoom 60-65 per cent YoY and 3 per cent QoQ. Nuvama Institutional Equities is expecting BSE's revenue to come in at Rs 1,046 crore, up 40 per cent YoY and



9 per cent QoQ in September 2025 quarter. Ebitda is seen coming in at Rs 658.1 crore, up 69 per cent YoY and 5 per cent QoQ. Net profit is likely to come in at Rs 529.1 crore, up 64 per cent YoY and 3 SEBI discussion paper on tweaking tenure of equity derivative, cash market share improvement and update on SGF contribution," it said. Nuvama has a 'buy' rating on BSE with a target price of Rs 2,820. Input prices, operating expenses rise across sectors; analysts downgrade earnings estimates for near term

India Inc posted robust sales growth of around 20 per cent in the first three quarters of financial year 2010-11, indicating demand momentum is sustaining. However, this was not supported by improvement in margins, which suggests rising cost pressure. Thus, the net profit growth rate came down from 35 per cent in the second quarter to 24 per cent in the quarter under review, the third.

SoftBank exits Nvidia with 5.8 bn profit as Masayoshi

New Delhi: Just as founder Masayoshi Son is preparing a new round of investments targeted at creating a worldwide ecosystem around artificial intelligence, SoftBank Group Corp. has sold its entire interest in Nvidia Corp., locking in earnings of \$5.8 billion. According to Bloomberg News, SoftBank reported an unexpected ¥2.5 trillion (\$16.2 billion) net income for the fiscal second quarter, far exceeding analyst expectations of ¥418.2 billion. The Tokyo-based conglomerate had increased its Nvidia holdings to roughly \$3 billion by March. The windfall from that sale, along with strong returns from its Vision Fund, helped SoftBank do so. In a move reflecting confidence in its growth trajectory, SoftBank also announced a 4-for-1 stock split, effective January 1, aimed at broadening retail investor participation. Son, 68, is now positioning SoftBank at the center of the AI revolution. The company's portfolio includes major stakes in OpenAI and Oracle Corp., both of which have benefited from the surge in AI-driven enterprise demand. These holdings have propelled SoftBank's shares up 78% in the three months ending September—its best



performance since 2005. Analysts remain optimistic. Citigroup's Keiichi Yoneshima raised his target price for SoftBank shares to ¥27,100, citing the rising valuation of OpenAI, which he projects could reach \$500 billion to \$1 trillion in the coming years. Son's next big bets include a \$30 billion commitment to OpenAI, a \$20 billion AI data center initiative dubbed Stargate, and talks with TSMC to participate in a \$1 trillion AI manufacturing hub in Arizona. SoftBank has also explored acquiring Marvel Technology and plans to spend \$6.5 billion to acquire Ampere Computing

Tech Mahindra will test 5G and LTE using AT&T's ANT and Open Tool platforms

— Tech Mahindra licenses AT&T's ANT and Open Tool for faster, automated 5G and LTE network testing—discover how this impacts global telecom providers.

New Delhi: IT services firm Tech Mahindra on Tuesday said it has entered into a licensing agreement with AT&T to offer telecom operators a highly automated solution for conducting network health checks and connectivity tests, ensuring more robust and reliable networks. As part of the deal, Tech Mahindra will use AT&T's Automated Network Testing (ANT) and Open Tool platforms to transform network testing and certification for LTE and 5G networks globally, the company said in a statement. "Tech Mahindra ... today announced a licensing agreement with AT&T for its proprietary ANT and Open Tool platforms. These applications deliver an advanced platform designed to transform network testing and certification across Long Term Evolution (LTE), 5G Non-Standalone (NSA), and 5G Standalone (SA) domains," it said.

The ANT platform features a user-friendly interface and an automated backend, integrating multiple industry traffic generation tools for streamlined test execution and validation. The Open Tool simulates data and voice traffic essential for certifying mobile packet core



network functionality in lab and production environments. The licensing allows Tech Mahindra to provide this testing solution to global telecom providers outside AT&T's operational markets. Tech Mahindra has over 250 telecom customers across 90 countries.

"Licensing relationships like the one with Tech Mahindra transform our investments into

new growth opportunities for AT&T, our licensees, and the industry. By working closely with trusted third parties, AT&T Intellectual Property helps accelerate innovation, drive new revenue streams, and bring proven solutions to market faster," Kelly Marlar, Vice President and Managing Director of AT&T Intellectual Property, LLC, said.

Yami Gautam's TV debut co-star is now a Bigg Boss 19 contestant

Mumbai: Yami Gautam is currently riding high on the praise coming her way for her recent theatrical release Haq, co-starring Emraan Hashmi. While she's now celebrated as a bankable film star, many still remember that she began her journey on television before making her mark in Bollywood.

What most people don't know, however, is that Yami's early career has an unexpected link to Gaurav Khanna, the man who's currently one of the most talked-about contestants on Bigg Boss 19. Long before their individual successes, the two had actually shared screen space as co-stars in the TV show Yeh Pyaar Na Hoga Kam. What most people don't



know, however, is that Yami's early career has an unexpected link to Gaurav Khanna, the man who's currently one of the most talked-about contestants on Bigg Boss 19. Long before their individual successes, the two had actually shared screen space as co-stars in the TV show Yeh Pyaar Na Hoga Kam.

Yeh Pyaar Na Hoga Kam aired in 2009 and ran for 9 months on Colors TV after replacing Bigg Boss season 3. The show followed Leher and Abeer's romance as they navigated caste and class divides. Gaurav and Yami's on-chemistry was widely appreciated by viewers at the time. The promo of the show, now nearly 15 years old on YouTube offers a nostalgic throwback for fans who want to revisit their early pairing.

Shah Rukh Khan, Aryan Check on Dharmendra at Breach Candy Hospital

Mumbai: Veteran actor Dharmendra continues to remain under medical observation at Mumbai's Breach Candy Hospital. On Monday night, Shah Rukh Khan was spotted arriving at the hospital to pay the veteran actor a visit amid health concerns. SRK was accompanied by his son Aryan Khan. While speculations about Dharmendra's health sparked concern among fans, yesterday Hema Malini shared a health update, confirming he is under observation and is being closely monitored.

A video shared by paparazzo Viral Bhayani shows Shah Rukh Khan and Aryan Khan arriving at the Breach Candy Hospital in Mumbai to check on Dharmendra's health and meet



Deol family. Fondly known as Bollywood's 'He-Man', Dharmendra was admitted to the hospital last week after reportedly experiencing breathing difficulties. Taking to Instagram on Monday evening, Hema Malini thanked everyone for their prayers and concern, confirming that the 89-year-old star is being closely monitored and is on the path to

recovery. "I thank everyone for their concern about Dharam ji who is in hospital for observation. He is being continuously monitored and we are all with him. I request you all to pray for his welfare and speedy recovery," Hema Malini wrote in her post, accompanied by a smiling picture of the legendary actor. Earlier on Monday, Sunny Deol's team also issued a clarification to The Times of India, assuring fans that Dharmendra is stable and recovering under medical observation. "It's rumour mongering like always. Sir is getting better. He's under observation. There's nothing to worry," the statement read. Meanwhile, yesterday, Salman Khan was also seen arriving at the hospital to check on the 89-year-old legend's health. The clip shows the Tiger 3 star seated in the passenger seat of his vehicle, looking visibly concerned as he made his way to visit Dharmendra. On the professional front, Dharmendra was last seen in the films Rocky Aur Rani Kii Prem Kahaani and Teri Baaton Mein Aisa Uljha Jiya.

Abhishek Bajaj denies age-shaming remark

Mumbai: Abhishek Bajaj has opened up about the allegations that he age-shamed Kunickaa Sadanand during his Bigg Boss 19 stint. In a recent interview, 'Humara Bajaj' talked about her repeated clashes with Kunickaa on Salman Khan's show and claimed that she often used to cross lines. The actor argued that even though he was respectful towards Sadanand, the latter played the ace card.

"She shouldn't have said the things she did about my mother. She often crossed lines, played the age card, woman card. I come from a family where we were taught to respect elders, and I was trying to be respectful. We were all contestants.

Ayushmann Khurrana Calls Sooraj Barjatya Character 'A Green Flag'

Mumbai: After the success of his recent film Thamma, actor Ayushmann Khurrana is gearing up for his next big project with Sooraj Barjatya. Recently, he spoke about his upcoming film and revealed details about his character, describing him as "simple, soft, and a green flag".

In an exclusive interview, the actor opened up about his character in the film. He was quoted as saying, "You will be actually surprised that in Sooraj Barjatya's film, the world is simpler and softer. Prem is that character who is simple, soft and a green flag."

I would like to explore that part again."

Ayushmann Khurrana and Sharvari will share screen space for the first time in Sooraj Barjatya's upcoming romantic family entertainer. The film is now called 'Yeh Prem Mol Liya'. Meanwhile, a report in Mid Day states that the next leg of the film's shoot will begin this week in Mehboob Studios, Mumbai. The team is expecting to wrap up the shoot by January 2026. Ayushmann Khurrana and Sharvari's film went on floors in Mumbai on November 1. A few days



ago, several pictures of the actors shooting at a railway station went viral on social media. They have wrapped up a week-long song shoot in Kandivali, Mumbai. As per a report in Mid Day, Sooraj Barjatya and the team of the film will now begin a 60-day

start-to-finish schedule. The next leg will begin this week in Mehboob Studios, and is designed to film most of the drama and family sequences. The report further states that indoor sets have been built across three floors of the studio. "The team plans

to wrap up the shoot by January 2026. Almost 80 per cent of the film will be completed in Mehboob, with a few outdoor patch portions. The idea is to maintain the creative continuity and shoot the emotional graph of the story in one flow," a crew member told Mid Day. The film will be produced by Rajshri Productions and Mahaveer Jain Films. Earlier, in an interview with PTI, Sooraj Barjatya said he is a bit "nervous" as the shooting for the film approaches. "I've this nervousness before the shoot of every film."

Rajamouli votes in by-election



Hyderabad: 'Baahubali' director SS Rajamouli cast his vote for Jubilee Hills Assembly by-election in Telangana While exercising his constitutional right, ace director SS Rajamouli, along with his son SS Karthikeya, cast his vote at a polling station in Sheikpet for the Jubilee Hills by-elections on Tuesday. He went to the polling station in casual wear, which included a green jacket and denim pants.

Meanwhile, the BRS candidate for Jubilee Hills by-elections, Maganti Sunitha, cast her vote along with family members at a polling station at Sri Krishnadevaraya Nagar Welfare Centre, Yellaredydyguda, in the Jubilee Hills constituency. The death of the sitting MLA and BRS leader, Maganti Gopinath, necessitated the Jubilee Hills by-election in Telangana. The Congress party has nominated V Naveen Yadav, a leader from the Backwards Class (BC), as its candidate. Gopinath's widow, Sunitha, has been chosen by the BRS to run for the position. The BJP has selected Lankala Deepak Reddy as its candidate. As for Rajamouli, the director is currently busy with the production of SSMB 29. It is tentatively titled 'Globetrotter'. The film stars Mahesh Babu and Priyanka Chopra in the lead roles. Aside from Rajamouli, other political figures, including BRS candidate Maganti Sunitha and the BJP nominee, also cast their votes early in the day. The result of the Jubilee Hills by-election is scheduled to be declared on November 14.

'Mahavatar' Director Amar Kaushik Dispels Vicky Kaushal Diet Rumours



Mumbai: Vicky Kaushal has teamed up with 'Stree' director Amar Kaushik for 'Mahavatar', a film based on the life of Chiranjeevu Parashurama. A few days ago, a media report claimed that Vicky and Amar Kaushik are planning a certain lifestyle change before beginning to work on this movie. The report mentioned that the actor and director have decided to quit alcohol and non-vegetarian food for the film. However, Amar Kaushik has now dismissed these rumours in a recent interview. He urged fans to disregard these rumours and rely solely on updates coming directly from him or any team member. In an interview with Filmygyan, Amar Kaushik was asked whether he and Vicky Kaushal have decided to quit alcohol and non-veg. Dismissing the rumours, the filmmaker said, "Again, main

wohi bol raha hu ki yeh kaha se kuchh bhi cheez nikalti hai. Please bhaiyon. Band karo. Jab hum bolein, tabhi uska vishwaas karo. (Again, I'm saying the same thing. Where do such rumours even come from? Please, stop it. Only believe it when we officially say so)." A few days ago, Bollywood Hungama quoted a source saying, "A film like Mahavatar requires complete focus, and the duo (Vicky Kaushal and Amar Kaushik) have decided to give it all to make it a pure spectacle for the cinema-going audience. They have decided to quit non-veg food, and will start their prep for the film with a grand pooja ceremony towards the middle of next year." "While Amar has already given up on the food habits, Vicky has decided to do so once the shoot for Love And War is wrapped up. It's

his way of showing respect to the part of Lord Parashurama," the source further added. However, looks like there is no truth to these rumours. Earlier, in an interview with PTI, Kaushik revealed that Mahavatar has been years in the making and is inspired by his childhood experiences in Arunachal Pradesh. "This film is a very big responsibility for me in my career. It has come from God because this character has been with me since childhood. We used to live next to the Parashuram Kund in Arunachal Pradesh and visited it often. This was a ritual at our home, and every visit would fascinate me deeply," Kaushik said.

The filmmaker shared that while he had always wanted to tell this story, he initially struggled with how to translate its grandeur onto the big screen. "I didn't know how to approach it because it needed significant resources and extensive VFX. I also wanted to ensure it remained true to the vision in my mind," he explained. Preparations for the project — including set design and costume work — are already underway, with filming expected to begin in 2026 once Vicky Kaushal wraps up his current commitments.

Sonu Sood, Raveena Tandon Condole Deaths in Delhi Red Fort Blast

Mumbai: At least 8 people were killed and several were left injured on Monday, November 10, after a car exploded near New Delhi's Red Fort. Officials now suspect that it was a terror-related incident, which occurred close to Gate No. 1 of the Red Fort Metro Station at around 6:52 PM. The incident has left the entire country shaken.

Many have taken to social media to express their sorrow and condolences for the lives lost. Among them is Bollywood star Sonu Sood. The 52-year-old actor shared a post on his X (formerly Twitter) account, urging people to support the victims and to maintain peace in society. He wrote, "My heart reaches out to everyone impacted by today's tragic blast near the Red Fort in Delhi. Let's support the victims, look out for each



other, and commit to peace." His message echoed the sentiments of many, as people expressed solidarity with the victims and urged others to stay vigilant during such a crisis. According to reports, the vehicle involved in the blast was a Hyundai i20 parked near Gauri Shankar Mandir. Officials said the

impact appeared concentrated at the rear of the car, with no crater or flat spot found at the site, indicating a low-intensity explosion or internal malfunction. Delhi Police told CNN-News18 that ammonium nitrate was likely used in the blast. They also nabbed one suspect in the blast incident, sources said,

adding that a multi-agency investigation has been launched. CCTV footage from the metro station and surrounding areas is being thoroughly scanned as part of the ongoing investigation. The exact cause of the explosion, which triggered panic in the area, remains under investigation.

Hema Malini and Esha Deol Strongly Condemn False News About Dharmendra's Death



Mumbai: Legendary actor Dharmendra was hospitalised on after complaints of breathlessness. Now multiple reports also state that his health is critical. It has reportedly urged doctors to place him on ventilation in the ICU. His health is being observed closely.

Following this, Salman Khan, Shah Rukh Khan and many other stars have visited the actor at the hospital. His family, including Hema Malini, Bobby Deol and Sunny Deol were also seen entering the hospital premises. While the family

has shared about his recovering health time and again, certain media reports suggest that the Sholay actor has already passed away. Now, daughter Esha Deol and wife Hema Malini have come to clarify the rumours and strongly react to the false narratives. "The media seems to be in overdrive and spreading false news. My father is stable & recovering. We request everyone to give our family privacy. Thank you for the prayers for papa's speedy recovery," wrote Esha. Hema shared, "What is happening is unfor-

givable! How can responsible channels spread false news about a person who is responding to treatment and is recovering? This is being extremely disrespectful and irresponsible. Please give due respect to the family and its need for privacy." Reports have been doing rounds on social media but the family has strong urged Dharmendra's fans to stick to the latest updates by them.

Interestingly, the veteran actor is also gearing up for the release of his upcoming movie Ikkis. It is directed by Sriram Raghavan. The movie also stars Agastya Nanda. It will be his first theatrical release. Agastya made his acting debut with the OTT release The Archies in 2023. Dharmendra was last seen in Teri Baaton Mein Aisa Uljha Jiya with Shahid Kapoor and Kriti Sanon. In 2023, he was seen in Rocky Aur Rani Kii Prem Kahaani. There were also reports of the makers planning to work on the Shabana Azmi-Dharmendra love story from the movie, but nothing concrete has been shared. Alongside Dharmendra, the 2023 film starred Ranveer Singh, Jaya Bachchan, Shabana Azmi, Alia Bhatt, Tota Roy Choudhury and Churni Ganguly in leading roles.



Jason Sanjay's Sigma Shoots Wrap Up; Expect Stylish Action & Adventure

Chennai: Lyca Productions has announced that Sigma, the first film directed by Jason Sanjay, is almost complete. The young filmmaker, who is actor Vijay's son, has reportedly finished 95 percent of the shoot. The project, described as an action-adventure comedy, features Sundeep Kishan in the lead role and is now heading into its final schedule.

The team recently concluded an extensive 65-day shoot across Chennai, Salem, Thalakona and Thailand. The production combined large-scale sets with real locations to create a visually dynamic world that reflects the film's energetic tone. Lyca Productions shared the update on social media, hinting at an early summer release. In a press statement, Jason Sanjay described Sigma as a celebration of individuality and independence. "This story is about a man who walks alone, a 'sigma' who chooses his own path without worrying about society's expectations," he said. "The film combines the excitement of a treasure hunt, the thrill of a heist, and the humour of a full-on entertainer. Thaman's music, Sundeep Kishan's energy, and Lyca's support have helped bring this vision to life. Only one song remains to be shot before we move into post-production." Lyca Productions CEO Tamil Kumaran praised the debutant's clarity and focus. "Jason has delivered exactly what he promised," he noted. "He managed to wrap a complex, multi-location project with a large ensemble cast in record time. His ability to plan, write, and execute makes him a complete filmmaker. We are proud to back him and believe this is the beginning of a long and promising journey." Sigma revolves around a fearless and self-reliant man who refuses to conform to traditional norms while chasing

a dream that takes him across continents. The film combines the thrills of a treasure hunt with the tension of a high-stakes heist, balancing action with sharp humour and adventure. The cast also includes Faria Abdullah, Raju Sundaram, Anbu Thasan, Yog Japee, Sampath Raj, Kiran Konda and Magalakshmi Sudharsanan, along with a few surprise cameo appearances. The cast also includes Faria Abdullah, Raju Sundaram, Anbu Thasan, Yog Japee, Sampath Raj, Kiran Konda and Magalakshmi Sudharsanan, along with a few surprise cameo appearances. For Jason Sanjay, Sigma represents a crucial first step in establishing his own identity as a filmmaker. After studying filmmaking in Canada, he has returned to the Tamil industry with a project that seeks to merge global storytelling techniques with the flavour of local cinema. The film's concept, which explores individuality through an entertaining mix of genres, already reflects that ambition. Lyca Productions, known for backing large-scale projects, has been vocal about supporting emerging voices. With Sigma, the studio seems keen on nurturing a new generation of filmmakers who can balance commercial appeal with creative flair.

FOOD

6 Delicious Indian Curries That Go Perfectly With Butter Naan



If there is one match made in food heaven, it has to be hot butter naan paired with a rich, flavour-packed curry. Few things in life compare to the comfort of that combination: the naan with its soft, slightly chewy layers and golden, buttery edges, and the curry packed with spices that warm the soul. From creamy paneer butter masala to spicy chicken curry, every bite feels indulgent yet familiar, just like a taste of home. Making these recipes at home is simple, but when it comes to festive gatherings or casual dinners with friends, no slip-ups are necessary. Your favourite food delivery app can come to the rescue and deliver lip-smacking food to your doorstep with just a couple of taps. For those who enjoy cooking and are unsure what to serve with this universal favour-

rite, here are some options that pair beautifully with butter naan.

6 Indian Curries That Taste Incredible With Butter Naan

- 1. Paneer Butter Masala Recipe** A favourite among vegetarians, paneer butter masala is a creamy, tomato-based curry with chunks of soft paneer. The velvety gravy wraps around each bite of naan, offering the perfect balance of tangy, but-tery, and mildly spiced flavours. It is indulgent without overwhelming the taste buds, ideal for both vegetarians and non-vegetarians seeking a comforting curry.
- 2. Dal Makhani Recipe** Few vegetarian dishes are as iconic as dal makhani when paired with butter naan. Slow-cooked overnight using whole

black lentils and kidney beans, dal makhani is a Punjabi classic. Its richness from cream and butter mirrors the buttery naan, making each bite feel indulgent. Serve it with a sprinkle of fresh coriander for extra flavour.

- 3. Chicken Tikka Masala Recipe** Globally loved, chicken tikka masala features smoky, charred chicken pieces in a spicy, tangy gravy. The rich-ness of butter naan balances the spiciness while adding a touch of sweetness. For a filling and vi-brant meal, this combination is hard to beat. Add a swirl of cream on top to make it restaurant-style.
- 4. Rogan Josh Recipe** Originating from Kash-mir, Rogan Josh consists of tender mutton slow-cooked in a yoghurt and spice base. Its strong flavours, deep red colour, and aromatic spices pair perfectly with the mild taste of butter naan. Together, they create a truly indulgent experience. Garnishing with freshly chopped coriander ele-vates both presentation and aroma.
- 5. Chhole Recipe** This spicy, tangy chickpea cur-ry is a North Indian staple that pairs wonderfully with naan. The slight chewiness of butter naan complements the hearty chickpeas, creating a sat-isfying, protein-rich meal. Found at roadside dha-bas and restaurants alike, this pairing is a classic.
- 6. Kadai Mushroom Recipe** For vegetarians seeking an alternative to paneer, kadai mushroom is a perfect choice. Earthy mushrooms absorb the masala of onions, peppers, and tomatoes, creating a smoky and spicy flavour that works beautifully with butter naan. Lighter than cream-based grav-ies, it is ideal for an everyday indulgent meal. Garnishing with freshly chopped coriander en-hances the flavour and presentation.



Pot Pie Recipes the Whole Family Will Love

From classic chicken pot pie to hearty beef pot pie, these one-pot meals are the definition of hearty comfort food. Pot pie is always delicious—it’s comforting and full of complex textures. Filled with hearty meat (like chicken, beef or turkey) and packed with nutritious vegetables, it’s a full dinner all in one, and pie crust or puffed pastry adds buttery flavor and flaky texture. Regardless of how you make it, this filling dinner is the definition of family-friendly comfort food. Better yet? It’s a classic one-pot meal that cuts down on cleanup. These recipes, which range from traditional to twists on the classic (pretzel topping, anyone?) all share one thing in common: they’re sure to satisfy the whole fam-ily. This classic dish is as hearty and wholesome as it gets. It’s creamy and meaty with bold flavor from fresh thyme, bay leaves and black pepper. Mushrooms, peas, carrots and pearl onions add fresh, vegetal flavor to help round out the rich filling. A buttery, crunchy topping gets baked until golden and

crispy. Prepare the crust. Line a baking sheet with parchment paper. On a light-ly floured surface, roll out the dough with a floured rolling pin into a 12-inch square. Transfer to the prepared baking sheet, cover with plastic wrap and refrigerate while you make the filling. Cook the chicken. Combine the chicken broth, peppercorns, thyme sprigs, bay leaves and quar-tered onion in a large pot over high heat. Bring to a boil, then reduce the heat and simmer 30 minutes. Add the chicken to the pot. Increase the heat and re-tur-n to a boil, then reduce the heat and simmer until the chicken is just cooked through, 10 to 15 minutes. Using tongs, transfer the chicken to a plate to cool. Strain the stock through a fine-mesh sieve. You’ll need 2 1/2 cups for the filling; re-serve the rest for another use. When the chicken is cool to the touch, cut it into bite-size chunks and set aside. Make the filling. Preheat the oven to 375 de-grees F. Melt the butter in a large skillet over medi-

um heat. Add the pearl on-ions and carrots and cook, stirring occasionally, until softened, about 5 minutes. Add the mushrooms and peas and cook until softened, another 5 minutes. Stir in 5 tablespoons flour and cook, stirring, 1 more minute. Add 2 1/2 cups chicken stock and the milk, stirring constantly. Cook until thickened, about 5 minutes. Remove the skil-let from the heat. Add the chicken and chopped thyme; season with salt and pepper. Form the pot pies. Set out four 2-cup ovenproof bowls or ramekins. Transfer the pastry to a floured sur-face. Using a paring knife, cut out 4 rounds of dough that are slightly larger than the mouth of the bowls. Place the bowls on a bak-ing sheet and spoon in the filling. Place 1 dough round on each pot pie, pressing the pastry against the side of the bowl to seal. Brush the dough with the beaten egg using a pastry brush. Cut a slit or hole in the center of the dough to vent. Bake until the pastry is puffed and dark golden brown, about 35 min-utes.

Breakfast Recipes That Make It Easy To Rise and Shine

Start your day right with delicious options like waffles, omelets, granola and more. Maybe it’s just us, but the thought of syrup-drenched pan-cakes (and some bacon and eggs on the side!) make it so much easier to spring out of bed and tackle the day. So, it’s no wonder that we’ve got more than a few great ideas for your morn-ing meal. You’ll find something for everyone in this roundup, from healthy breakfasts that’ll keep you full and fueled to ones that you can make on the fly and enjoy as you’re running out the door. With easy recipes for muffins, French toast, break-fast casseroles and more there’s no reason you should ever have to skip breakfast again. Wondering where to start? Try a chaffle. A chaffle is a low-carb, cheese-and-egg-based waffle that’s taken the world by storm. One look at its fluffy texture and crispy edges and it’s easy to see why. Preheat a waffle iron to medium-high. Whisk the eggs in a large bowl until well beaten and smooth. Whisk in the Cheddar, scallions, parsley, 1/4 tea-spoon salt and a few grinds of pepper. Coat the

waffle iron with nonstick cooking spray, then lad-le a heaping 1/4 cup of batter into each section. Close the lid and cook until well browned and fluffy, 4 to 5 minutes. Use a small offset spatula or tongs to transfer the chaffles to a serving plate. Repeat with the remaining batter. Top each chaffle with a pat of butter and drizzle with maple syrup. **Blueberry Coffee Cake Muffins** Preheat the oven to 350 degrees F. Place 16 paper liners in muffin pans. In the bowl of an electric mixer fitted with the paddle attachment, cream the butter and sugar until light and fluffy, about 5 minutes. With the mixer on low speed, add the eggs 1 at a time, then add the vanilla, sour cream, and milk. In a separate bowl, sift together the flour, baking powder, baking soda, and salt. With the mixer on low speed add the flour mixture to the batter and beat until just mixed. Fold in the blueberries with a spatula and be sure the batter is completely mixed. Scoop the batter into the pre-pared muffin pans, filling each cup just over the top, and bake for 25 to 30 minutes, until the muf-



ins are lightly browned on top and a cake tester comes out clean.

Kids can eat healthy tiffin options like idli and chapati.



Parents always struggle to pack the proper school lunch. It must be easy to consume in be-tween classes, nutritious, and satisfying. Idlis and chapatis are two popular options in Indian homes. While both are vital, which is the superior school tiffin? Let’s make a comparison. A fermented batter of rice and urad dal is used to make idli. It is easy to digest, light, and fluffy. Probiotics that are good for the gut are produced through fermentation, which also improves nutrient absorption. Idli is a good option for kids who require a mild yet stimulating supper because a typical serving is low in calories and fat. Chapati, on the other hand, is made from whole wheat flour and is rich in complex carbohydrates and fibre. It provides slow-releas-ing energy, keeping children full longer and preventing mid-morning hunger pangs. Chapatis are also a good source of iron and B vitamins. For school lunches, practicality matters. Idlis are bite-sized, non-messy, and easy for children to eat quickly without the need for extra accompaniments. Chapati usually requires a curry or sabzi, which may spill or turn soggy in the lunchbox, though dry curries or a roll-style chapati can work well. While chapati is more filling, it may feel heavy for some children, especially if eaten in a rush. Idlis, being steamed and soft, are lighter on the stomach and easy to digest even when eaten cold. For very active kids who need sustained energy, chapati might be more suitable, but for younger ones, idli is often the easier choice. Both idli and chapati have their place in a healthy school lunch. If you want a light, gut-friendly, quick-to-eat meal, idli is the winner. But if your child needs a filling, energy-packed option to stay full till afternoon, chapati works best. A smart way is to alternate between the two. Pack idlis with chutney or podi for one day and chapati rolls with vegetables the next. This not only balances nutrition but also keeps your child’s tiffin exciting.

Cucumber Raita Vs Boondi Raita: Which Is Lighter On The Stomach?

For many of us, raita is a daily staple that com-plements Indian meals perfectly. It’s a great way to balance the spiciness and richness of curries, biryanis and parathas. The best part? There are several different varieties of raita to choose from. Among the many options, cucumber raita and boondi raita are two popular choices. Whether you make them at home or order them via an online food delivery app, they’re a great addition to meals. Both have unique flavours and textures, but when it comes to being gentle on the stomach, there are differences worth not-ing. **Is Cucumber Raita Good For Health?** Cucumber raita is a simple and healthy side dish that com-bines the freshness of cucumber with the creaminess of curd. Here’s why it’s good for you: **High Water Content:** According to the U.S. Department of Agriculture (USDA), cucumbers comprise approximately 96% water, making them one of the most hydrating fruits. This high water content helps keep the body hy-drated and supports overall health. **Low In Calories:** Cucumber raita is naturally low in calories and fat, making it a lighter choice for those looking to manage their weight. Aids Digestion: Additionally, cucumbers are rich in fi-

bre, which aids in smooth digestion and prevents bloating. The cooling effect of cucumber raita on the stomach makes it an ideal side dish, especial-ly after spicy or heavy meals. **Is Boondi Raita Good For Health?** Boondi raita, made by adding fried boondi to yoghurt, has a com-

of protein from gram flour, which can be benefi-cial for overall health. However, the deep-frying process may reduce some of the nutritional ben-efits. To make healthier boondi, consider baking or air-frying instead of deep-frying them. **Potential Digestive Issues:** The combination of fried boondi and yoghurt can cause slight indigestion or bloating in sensitive stomachs. While yoghurt helps balance some of the heaviness, boondi raita may not be as easy to digest as other raita options. **Cucumber Raita Or Boondi Raita? Which Is Lighter On The Stomach?** From the info above, it’s clear that between the two, cucumber raita is definitely lighter and easier to digest. Its high-water content, low calorie profile and cooling nature make it ideal for meals or for people with sensitive diges-tion. Boondi raita, while delicious, is comparatively heavier due to the fried boondis, making it better suited for occasional indulgence rather than daily consumption. So, if you’re looking for a guilt-free side dish, cucumber raita is the way to go! Ultimately, whether you choose cucumber raita or boondi raita, the key is to en-joy these delicious side dishes in a way that suits your taste preferences and dietary needs.



Vegan vs. vegetarian vs. omnivore

Over the last few years, it has become general knowledge that the gut microbiome plays an important role in a person's overall health. Past studies show that an imbalanced gut microbiome may lead to health issues such as inflammatory bowel disease (IBD), type 2 diabetes, cardiovascular disease, and depression. Trusted Source: “We know that the gut microbiome, with its roles in breaking down certain compounds and synthesizing other molecules, mediates part of the effect that diet has on our body and our health,” Nicola Segata, PhD, professor and principal investigator at the Department of Cellular, Computational, and Integrative Biology (CIBIO) at Università di Trento in Italy explained to Medical News Today. “So understanding how diet shapes our microbiome and consequently how the combined effect of diet and the microbiome regulates our metabolism and ultimately our health is of primary importance,” he said. “However, each person's microbiome is very ‘personal’ — two individuals may share over 99.9% of their human genome, but they usually share less than 5% of the genetics of their microbiomes — and also each person's diet is both complex and unique,” Segata continued. “Therefore, it is very difficult to map the specific links between diet and the microbiome. So while we know that diet hugely influences our microbiome, we are still far from a clear and precise understanding about how it is influenced.” Segata is the senior author of a new study recently published in the journal Nature Microbiology, which suggests that whether you're following a vegan, vegetarian, or omnivorous diet that includes both plant and animal-based foods, it may be the quality and diversity of the diet — rather than the dietary pattern itself — that impacts the structure of your gut microbiome. For this study, researchers analyzed the gut microbiomes of more than 21,000 people following vegan, vegetarian, or omnivorous diets living in the U.S., U.K., and Italy. The personalized nutrition program company ZOE Limited partly funded the research, and Segata is on its advisory board.



and a consultant. Several other study authors have affiliations with or financial interests in the company, while others declare no competing interests. The researchers observed that species diversity was lower in vegetarians and vegans than in omnivores. This might sound concerning, but diversity may not be the best measure of microbiome health, as it does not consider the types of microbes present. For example, if an individual has a greater variety of harmful bacterial species, they may have a more diverse but unhealthy gut microbiome. In fact, when examining the gut microbiomes of vegans, the researchers observed that they included several species of helpful bacteria, such as Bacteroides and Firmicutes phyla. These bacteria aid in producing short-chain fatty acids. Trusted Source, such as butyrate, which are associated with beneficial effects on gut health, including inflammation reduction. The participants' gut microbiome signatures were also associated with cardiometabolic health, with vegans and vegetarians having microbiome signatures linked to more favorable cardiometabolic

health markers than omnivores. “Our study indeed confirmed that plant-based foods boost microbes that — based on what we know from other studies — are generally able to produce immunomodulatory metabolites,” Segata said. “While some of these microbes are relatively well known, others were previously unidentified or even completely unknown to microbiologists, and our study provides a much more comprehensive map of such microbes. Interestingly, some of these newly associated microbes are so little characterized that they lack a formal name, which underscores the need for further research.” “Importantly, it is not necessarily the vegan dietary pattern itself that boosts short-chain fatty acid producers, but rather the amount and diversity of plant-based foods consumed. This was confirmed in omnivores because omnivores, as those with higher proportions of plant-based foods in their diet also had higher levels of short-chain fatty acid producers,” he explained. MNT spoke with Rudolph Bedford, MD, a board-certified gastroenterologist at Providence Saint John's

Health Center in Santa Monica, CA, about this study. Bedford indicated that the gut microbiome profile of vegans and vegetarians might contribute to improved food digestion and better health outcomes. “Something called metabolic syndrome seems to be less in vegans (and) cardiovascular diseases are also less in vegans, all (seemingly) based upon the change in the gut microbiome itself,” he noted. Bedford said it is important for researchers to continue to examine how different diets might impact the gut microbiome as medical professionals may one day be able to tell what particular diet to follow to mitigate various diseases. “If you can explore the genetic variations that influence the gut microbiome in response to these diets, you can essentially personalize nutritional recommendations, and therefore even change the health of individuals,” he added. MNT also spoke with Monique Richard, MS, RDN, LDN, a registered dietitian nutritionist and owner of Nutrition-In-Sight, for tips on what readers should eat to keep their gut microbiomes as balanced and healthy as possible. Richard said that she emphasizes to her clients and patients the importance of diversity and quality in the diet in order to nourish and nurture gut health and microbiota flora. “Food groups such as vegetables are important but also the variety within those food groups are key. For example, the Brassicaceae (Brassicaceae) family (brussel sprouts, cauliflower, kale, collards, cabbage) have numerous benefits related to gut and immune health, whereas a small amount of iceberg lettuce shreds will not have the same level of beneficial nutrients and interaction in the gut. Most Americans are not consuming the recommended amount of servings of fruits, vegetables, and whole grains in a day and are often over-consuming animal, dairy and ultra-processed foods,” she explained. “Remember, what is good for your body, is good for the gut. It is not about eliminating entire food groups, having a pristine ‘clean’ diet or feeding the gut bugs — it is about nourishing your body from the inside out and the outside in with quality and love,” she added.

Woman who shed 18 kgs in 10 months shares what helped her weight loss



Madyy Tsey describes herself as a personal coach who keeps sharing weight loss-related tips and tricks on her Instagram profile. Madyy went through a drastic weight loss transformation and lost 18 kilos in just 10 months. With the help of a healthy diet and a consistent workout regime, Madyy achieved the desired weight goal. She also keeps sharing snippets of her weight loss journey on Instagram. “I can't believe it's been a year since I started my weight loss journey, and I actually stuck with it! This is real proof that if you commit and stay consistent, you will see results. At the beginning, I struggled with a lack of confidence, fear of not accomplishing my goals, and self-doubt. I dealt with digestion issues, bad habits, and even acne. But now, I feel more confident than ever, energized, and excited about my journey,” Madyy celebrated one year of starting her weight loss journey and getting into shape with a before and after picture. A few weeks back, Madyy shared how she shed 18 kilos and got into shape in just 10 months. Madyy started her weight transformation journey in January, 2024 and achieved her weight target in October, 2024. “Hope this helps,” Madyy added in the caption. For four to six times a week, Madyy combined strength training and 30 minutes of cardio workout. Madyy followed a weight loss diet, consisting of 80% of healthy foods, and 20% of food items that she likes having, but in moderate quantity. It is mandatory to keep the body hydrated throughout the day. Madyy suggested drinking 2-3 liters of water everyday. Madyy also added supplements to her diet for better and faster results. “I started pre-workout, creatine and April (when I stopped breastfeeding,” Madyy added.

Is Alzheimer's linked to the cold-sore-causing herpes virus?

With the number of people with dementia expected to hit 153 million globally by 2050. Trusted Source, researchers are focused on identifying health conditions and diseases that may increase a person's risk for dementia, particularly Alzheimer's disease. Alzheimer's disease is the most common type of dementia. “Identifying health conditions that raise a person's risk for Alzheimer's disease is crucial because it allows for early intervention, targeted prevention strategies, and personalized treatment approaches,” Or Shemesh, PhD, assistant professor in the Department of Ophthalmology at The University of Pittsburgh explained to Medical News Today. “By understanding the risk factors, researchers can develop strategies to mitigate these risks, potentially delaying or preventing the onset of Alzheimer's. Additionally, this knowledge contributes to the broader understanding of the disease's mechanisms, which can lead to the discovery of novel therapeutic targets and improved diagnostic tools,” he noted. Shemesh is the senior author of a new study recently published in the journal Cell Reports. Trusted Source that identified a potential link between Alzheimer's disease and the herpes simplex virus-1 (HSV-1). The new study also found that tau protein. Trusted Source in the brain — historically considered to be a hallmark of Alzheimer's disease — may play a protective role against viral infections before contributing to brain damage later in life. For this study, Shemesh and his team used various modeling techniques to investigate how HSV-1 might be linked to Alzheimer's disease. “Alzheimer's disease is usually diagnosed by finding clumps of a protein called beta-amyloid outside brain cells and another protein called tau inside the cells,” Shemesh explained. “Tau is found modified and pathogenic in Alzheimer's disease. Recent studies suggest that infections might play a role in Alzheimer's disease, with HSV-1 being a strong suspect.” “In our study, we detected HSV-1-related proteins in post-mortem human brain samples,” he continued. “We found that the viral proteins increase as Alzheimer's disease worsens and are found in the same areas as the tau, but not with [beta-amyloid]. In experiments using miniature human brain models (organoids), we saw that HSV-1 infection increases the amount of tau,” he told us. Interestingly, Shemesh said, the modified tau seems to reduce the levels of herpes proteins and lower the number of neurons dying after infection, as if the neurons were not infected at all. “This led us to explore a specific immune response pathway in the brain, the cGAS-STING pathway,” he detailed. “We found that molecules of this pathway are present where HSV-1 and modified tau are found in Alzheimer's disease.” “We also discovered that activating this immune pathway boosts tau modification while blocking it stops the tau modification,” Shemesh continued.

Hardik Pandya flaunts a sizzling Patek Philippe watch worth more than ₹1 crore

A watch is more than just a functional timepiece; it is a sartorial statement. Hardik Pandya was recently spotted sporting a luxurious Patek Philippe watch. Let's take a look at the fashion accessory and how much it costs. As per Instagram page, The Indian Horology, Hardik Pandya wore Patek Philippe's Aquanaut watch in Rose Gold. Patek Philippe is a Swiss luxury watch brand. Hardik wore Patek Philippe's Aquanaut collection, which is all about elegant sports watches. The watch's bezel is fixed 18kt rose gold. The soft rose gold contrasts with the rugged dark brown colour of the dial and the strap. The dial had a grid-like pattern while the straps featured a textured pattern. The watch as per Indian Horology's data, retails for \$78,240 which is approximately Rs.67,19,000. While the market price is even higher at \$130,000 which is roughly Rs. 1,11,65,000. Hardik Pandya, as a sportsman wear-

ing it, highlights the perfect fusion of performance and functionality with luxury. It emphasises that even in the world of sports, amidst all the gritty sweat and hard work, high-end style prevails, often through the subtle elegance of a simple timepiece. Patek Philippe boasts a vast collection of luxury watches, many of which are favoured by A-list celebrities. Anant Ambani was seen wearing the Grandmaster Chime, widely regarded as one of the most complex wristwatches ever created. This watch took over 100,000 hours to design and craft. The watch has a market value of ₹66 crore, while its retail price is ₹18 crore. Mark Zuckerberg has also been spotted wearing a Patek Philippe Calatrava Perpetual Calendar, which is priced at approximately ₹1 crore. Even Bollywood's King, Shah Rukh Khan, owns a Patek Philippe Calatrava 5822P, valued at around ₹2 crore.



Simple tips to meet your fitness resolutions in 2025



Starting a fitness journey doesn't require grand gestures or dramatic changes; sometimes, it's the smallest adjustments to your daily routine that lead to the biggest transformations—even if you think you're at the end of the road. With the right mindset, consistent efforts, and expert guidance, your goals can shift from mere resolutions to sustainable lifestyle habits. Pratiksha Kadam, Consultant Dietitian at Kokilaben Dhirubhai Ambani Hospital, quoted Robert Collier, who aptly said, “Success is the sum of small efforts, repeated day in and day out.” This mantra applies perfectly to fitness and wellness goals, she said, especially if you're determined to see measurable progress in 2025. By adopting a structured approach with expert-backed strategies,

you can create a sustainable routine that benefits both your body and mind. Dr Deepika Tavade, Senior Physiotherapist at Kokilaben Dhirubhai Ambani Hospital, emphasises the importance of setting specific and realistic fitness goals. For instance, aim to exercise three times a week or plan to lose 5 kg within three months. Breaking these goals into smaller milestones makes progress measurable and celebrations of mini-victories motivating. Physical activity doesn't need to be complex. Dr Tavade advises prioritising movement as part of your daily routine. Activities like walking, yoga, or strength training provide numerous benefits, and physiotherapy-based exercises are excellent for individuals with existing health conditions. These tailored

movements can improve mobility, alleviate pain, and build strength safely. “Whole foods should be the cornerstone of your diet,” says Kadam. Vegetables, lean proteins, whole grains, and healthy fats can fuel physical activity while boosting metabolism and ensuring satiety. Avoid crash diets and ultra-processed foods, often calorie-dense but nutritionally empty. Instead, satisfy sweet cravings with natural sugars from fruits or honey and focus on portion control using smaller plates or measuring serving sizes. Motivation naturally fluctuates. Seek support from fitness trainers or physiotherapists to help you stay on track and adapt your regimen as needed. Accountability partners also ensure safe practices and injury prevention, which is key to maintaining progress. “Recovery is as important as exercise,” reminds Dr Tavade. Rest, stretching, and adequate sleep allow your body to repair and grow stronger. Recovery practices not only reduce the risk of injury but also improve long-term fitness outcomes. Kadam highlights hydration as a vital component of digestion and metabolism. Make it a goal to drink at least 8 glasses of water daily. Incorporate water-rich foods like cucumbers and watermelon to aid hydration further. Additionally, include high-fibre foods such as oats, lentils, and leafy greens for gut health and sustained energy. Fitness and nutrition are journeys, not sprints, both Kadam and Dr Tavade agreed. By practicing moderation and emphasizing well-balanced meals rich in macronutrients, you're paving the way for long-term success. Prioritising health not only brings visible physical changes but also improves overall well-being.

Sugary drinks may be driving millions of diabetes and heart disease cases

Addressing the problems of cardiovascular disease and diabetes remains a key area of research and health intervention. A recent study published in Nature Medicine. Trusted Source estimated the global impact of sugar-sweetened beverages on type 2 diabetes and cardiovascular disease, looking at data from 184 countries. The researchers found that in 2020, sugar-sweetened beverages were responsible for an estimated 9.8% of type 2 diabetes cases and 3.1% of cardiovascular disease cases worldwide. The data further explored which regions, countries, and individuals were most affected by sugar-sweetened beverage consumption. Sugar-sweetened beverages like sodas remain a popular drink choice despite the potential risks. Study authors point out that consuming sugary sweetened beverages contributes to type 2 diabetes and cardiovascular disease (CVD), as well as weight gain. Researchers wanted to look more at how sugar-sweetened beverages contribute to disease at the global, regional, and national levels. First, researchers used the Global Dietary Database to examine the consumption of sugar-sweetened beverages. This database contained data from 2.9 million people across 118 countries, which the authors note represents 87.1% of the global population. Researchers included any drink with added sugars and more than fifty Calories in a sugar-sweetened beverage. Researchers excluded beverages that were 100% fruit or vegetable juices, milk, and non-alcoholic drinks that used artificial sweeteners. On average, people just over eight-ounce served beverages each week, with regions and ample, people in an average of 0.7 sugar-sweetened beverages a week, while people in Latin America and the Caribbean had an average of 7.3 sugar-sweetened beverages a week. People in Colombia had an average weekly consumption of 17.4 sugar-sweetened beverages, while people in China, India, and Bangladesh only had 0.2. In general, men consumed more sugar-sweetened beverages than women, and younger people tended to consume more sugar-sweetened beverages than older individuals. Education level appeared to impact consumption differently in different regions. Next, researchers were able to look at incidences of CVD and type 2 diabetes and how much of this could be attributed to sugar-sweetened beverages. Researchers estimated that around 2.2 million new cases of type 2 diabetes and 1.2 million new cardiovascular cases were attributable to the consumption of sugar-sweetened beverages. They further estimated that consuming sugar-sweetened beverages caused 5.1% of deaths from type 2 diabetes and 2.1% of deaths from CVD.



MLS: Messi’s brace helps Miami to enter Conference SF with 4-0 win over Nashville

New Delhi: Fort Lauderdale, Nov 9 (IANS) Braces from captain Lionel Messi and attacker Tadeo Allende powered Inter Miami to a dominant 4-0 victory over Nashville SC in the decisive Game 3 of the best-of-3 series in Round One of the MLS Cup Playoffs to advance to the Eastern Conference semifinals for the first time in the club’s history. Messi gave Inter Miami an early lead in the 10th minute, intercepting a pass in the opponent’s third before dribbling through the middle and slotting the ball into the bottom-right corner for his 34th goal of the 2025 MLS season. He then secured his brace and doubled Inter Miami’s lead before the break with a goal in the 39th minute. A long ball over the top from Alba found Silvestri down the left, who then laid the ball back for Messi to finish into an open goal. The goal was Messi’s 35th this league campaign, while the assist was the first for Silvestri in Inter Miami colours, Inter Miami reports. Inter Miami followed suit in the second half and extended its lead through Allende in the 73rd minute. Alba combined with Messi on the left side of the box before reaching the end line and feeding a grounded



pass for Allende to strike from close range. The goal took Allende’s tally to 13 this 2025 MLS season, while the assist was the 16th for Alba. Allende secured his brace and sealed the result for Inter Miami in the 76th minute with a sublime chipped finish over the keeper following a precise through ball into space from Messi. The goal was the 14th for Allende in the league in 2025, while the assist was the 20th for Messi, who has contributed an im-

pressive 15 goals and 11 assists in the past 11 MLS appearances. Additionally, the assist was a historic milestone for the Argentine maestro, as it marked Messi’s 400th assist of his career.

The 4-0 result remained unchanged until the final whistle, and Inter Miami progressed to the Eastern Conference Semi-Finals in the MLS Cup Playoffs for the first time in the club’s history.

Our pivotal moment in the World Cup was a direct discussion following England’s defeat: Muzumdar

New Delhi: Indian women’s head coach Amol Muzumdar credited a candid team meeting during the 2025 Women’s ODI World Cup group stage as the turning point in the side’s triumphant campaign. After three consecutive losses to Australia, South Africa, and England, India went on an unbeaten run to eventually win its first-ever World Cup title on home soil. “After three consecutive losses against Australia, South Africa and England in the group stage, we had a very honest team meeting. I felt we needed a blunt conversation where no barriers existed, and I’m glad the players responded positively.” Though the scoreboard showed losses to South Africa, Australia, and England, we knew internally that we were playing well but failing to finish games. That realisation became our turning point in the tournament,” said Muzumdar on JioStar. Following India’s emotional five-wicket semi-final win over Australia, Muzumdar stated the team’s long-term vision helped them refocus and deliver in the title clash, where they beat South Africa by 52 runs at the DY Patil Stadium in Navi Mumbai.

“All our hard work over the past two years wasn’t just for winning the semi-final against Australia on October 30th, it was meant for playing in the final of the world cup on November 2nd, 2025. If we had stayed in that euphoria after beating Australia, we might not have reached our ultimate goal.

“I wanted the team to leave that celebration behind and stay focused on the present moment. team’s trophy winning celebrations and acknowledged their role in laying the groundwork for the current generation’s success. “I truly enjoyed watching Harmanpreet Kaur, Smriti Mandhana and all our players take the trophy around the boundary to their seniors who helped build women’s cricket. We must respect our history to secure our future.” Full credit goes to pioneers like Jhulan Goswami, Mithali Raj, Anjum Chopra, Reema Malhotra and all the seniors from their era, hats off to them for laying the foundation for this success in the Women’s World Cup,” he concluded.

Karthik Venkataraman packs off Deac to reach fourth round FIDE World Cup 2025

GM Karthik Venkataraman continued his dream run in the FIDE World Cup 2025 as he defeated GM Bogdan-Daniel Deac (ROU) in the second game of tiebreaker with black pieces to advance to the fourth round

New Delhi: GM Karthik Venkataraman continued his dream run in the FIDE World Cup 2025 as he defeated GM Bogdan-Daniel Deac (ROU) in the second game of the tiebreaker with black pieces to advance to the fourth round here on Sunday. Karthik, who had drawn the first rapid game with white, pinned Deac’s king in one corner and made the most of the additional bishop on board to win in 43 moves. “Classical game against Deac it was not too well but I somehow managed to defend. But in both the rapid games I played well. It was smooth,” said Karthik, who will next face Le Quang Liem of Vietnam. Speaking about the pressure of playing the World Cup, the two-time National Champion, who had defeated compatriot Aravindh Chithambaram in the second round, said, “Chess players are not used to playing this kind of format. Normally, it is Swiss or round robin and one can relax a bit. But here you are always under pressure that you can be eliminated and that pressure is a lot to handle.” With Karthik’s victory, a total of five Indian players will be in action in the fourth round as the competition of the Viswanathan Anand Cup and three Candidate Sports heads towards the business end after a rest day on Monday. However, it was heartbreak for Vidit Gujrathi and Narayanan SL. Vidit started the tiebreaker with a full point in the opening rap-



id game against Shankland, beating the American in 75 moves. But in the second game, Vidit made a mistake with queen exchanges under time pressure and lost the second game in 49 moves, taking the match into a second set of rapid games. He then lost the sixth game with white pieces in 61 moves and

was knocked out.

Narayanan SL, playing black, suffered a reversal in another marathon game that lasted 125 moves as his efforts to stave off Chinese GM Yu Yangyi’s attack ultimately failed. With the second game ending in a draw, the Indian was knocked out.

Can Indian football bounce back from its ISL disaster with the aid of the BCCI

New Delhi: Indian football is once again caught between hope and heartbreak for a nation that beats to the sound of cricket bats in its stadiums yet hums football chants in its lanes. Launched on October 16, the All India Football Federation’s (AIFF) most recent tender for the Indian Super League (ISL) concluded in striking quiet. There was not a single bid. And as the nation’s top division slipped deeper into limbo, defending champions Mohun Bagan Super Giant dropped a bombshell — suspending all first-team operations until clarity returns. Across the city, their eternal rivals East Bengal continue to operate as usual, albeit with nervous optimism. But in Kolkata’s football cauldron, where emotions often mix with wisdom, East Bengal’s senior official Debabrata Sarkar made a rather interesting appeal:



He asked the Board of Control for Cricket in India (BCCI) to “sponsor Indian football” for a few years and help the sport stand on its own feet again. Speaking to PTI, Sarkar didn’t mince words. “Indian football cannot stop like this,” he said. “If the BCCI sponsors the sport for at least four-five years, it would make a huge

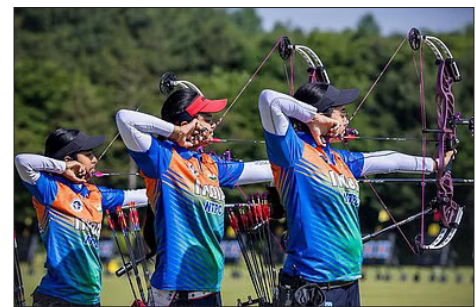
difference. For them, Rs 100–150 crore is not a big amount. If they take responsibility, Indian football can move forward in a better way.” A plea like this may sound emotional — even desperate, but it reflects a growing truth: Indian football’s glitzy experiment may finally be running out of luck. When the ISL was

launched in 2014, it promised a revolution. Bollywood owners, international stars, cheer squads, fireworks — it had the swagger to rival cricket’s IPL. But as the lights dimmed over time, the realities became clear: football can’t survive on glitter alone. Behind the showbiz, clubs were struggling. Most continued to

Recurve men and compound women’s teams enter final Asian Archery Championships

New Delhi: On Monday, Indian women’s compound and men’s recurve archery teams advanced to the Asian Archery Championships final. Yashdeep Sanjay Bhoje, Atanu Das, and Rahul’s second-seeded men’s recurve team overcame Kazakhstan 5-3 to get to the final, where they defeated Uzbekistan 6-2 in the semifinals. The men’s trio started the campaign with a commanding 6-2 victory over Turkmenistan, followed by a 6-0 thrashing of Malaysia in the quarter-finals.

In the qualification round, Bhoje achieved a career-best qualification score of 687 points, including nine X10s. The 25-year-old’s only previous international medal was in the mixed team event at the 2019 Asia Cup in Bangkok. Seasoned archer Atanu finished seventh with 668 points, while Rahul was 11th with 666. The women’s team, comprising Jyothi Surekha Vennam, Prithika Pradeep, and Deepshikha, defeated the hosts Bangladesh 234-227 in the semi-final to reach the final against South Korea, who defeated Iran 237-227. The top-seeded women’s team started with a 235-225 victory over Vietnam in the



quarterfinal and then secured a win in the semifinals against the hosts Bangladesh. In the qualification rounds, Deepshikha topped the chart with 705, followed closely by world number two Jyothi Surekha Vennam on 703, and promising stars Prithika Pradeep with 702 and Chikitha Taniparthi with 701 — both medallists in Winnipeg — with just one point separating the trio. Competition at the Asian Archery Championships continues in Dhaka on Tuesday with individual and team eliminations. The event runs throughout the week. The compound finals are scheduled for Thursday and the recurve finals on Friday.

Ranji Trophy: Assam face uphill battle after being forced to follow on

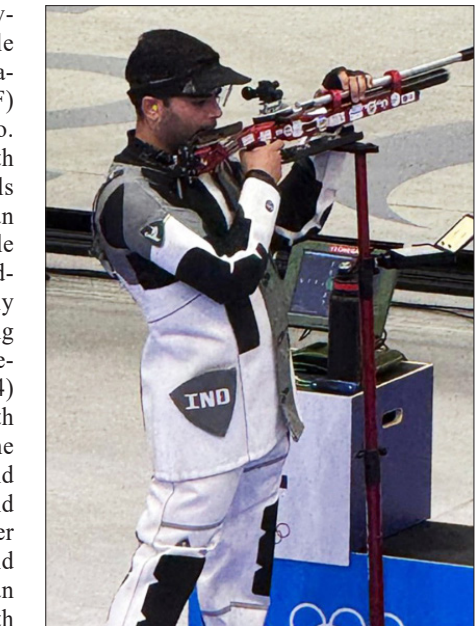
Guwahati: Assam face an uphill battle as they prepare to bat on the final day of their Ranji Trophy encounter against Tripura in Agartala on Tuesday. The visitors were forced to follow on after being bowled out for 238 in reply to Tripura’s massive first-innings total of 602 for 7 declared. At stumps on Day III, Assam were struggling at 78 for 3 in their second innings, still trailing by 286 runs. esuming from their overnight score of 67 for 4, Assam lost an early wicket when S. Ghadigaonkar (3) was dismissed without adding to the total. Experienced batter Sibsankar Roy then steadied the innings and played a pivotal role in helping Assam post a respectable total in the first

innings. Despite wickets falling regularly at the other end, Roy displayed remarkable patience and built several crucial partnerships.

He added 41 runs for the sixth wicket with Mukhtar Hussain (20), followed by a 52-run stand with Rituraj Biswas (27) for the seventh wicket, and another 59-run partnership with Ayushman Malakar (24) for the eighth. Sibsankar remained unbeaten on 84, his 21st first-class half-century, crafted from 151 balls and featuring eight boundaries and a six. Among Tripura’s bowlers, Swapnil Singh impressed with figures of 3 for 29, while A.K. Sarkar (2 for 37) provided good support.

In the Air Rifle final, Arjun Babuta finishes eighth ISSF World Championship

New Delhi: Arjun Babuta finished seventh in the final of the men’s 10m Air Rifle event on the opening day of the International Shooting Sport Federation (ISSF) World Championship Rifle/Pistol in Cairo. Arjun, who qualified for the finals with a score of 632.5, shot 145.0 in the finals to finish seventh. Germany’s Maximilian Dallinger clinched the gold medal, while defending World Champion Victor Lindgren of Sweden secured silver in a tightly contested final. Olympic champion Sheng Lihao of China took the bronze. Arjun began with a 51.9 (10.6, 9.8, 10.6, 10.5, 10.4) in the first series and followed it up with 52.3 (10.6, 10.1, 10.7, 10.2, 10.7) in the second. A low shot of 9.7 in the 11th round dropped his position in the standings, and he eventually became the second shooter to be eliminated. In the men’s 25m Rapid Fire Pistol event, Anish Bhanwala shot an impressive 291–11x to be placed seventh after Stage 1 of the qualification round. Sameer Gulia and Adarsh Singh finished with scores of 286–3x and 285–8x, respectively. Stage 2 of the qualification will be held tomorrow, followed by the finals, where the top six shooters will qualify. Ravindra, Elavenil shine on Day I Earlier on the opening day of the event, Ravinder Singh ensured the best possible start for



the Indian squad on competition Day One, winning gold in the very first event of the championship (men’s 50m pistol), before two-time Olympian and Asian champion Elavenil Valarivan clinched bronze, her first individual world’s medal, in sensational fashion in the women’s 10m air rifle final won by reigning Olympic champion Ban Hyojin of Korea.

Junior Hockey World Cup Jyoti Singh to lead India in FIH Women’s

New Delhi: Hockey India on Monday announced the Indian junior women’s team for the upcoming FIH Women’s Junior Hockey World Cup 2025, scheduled to be held in Santiago, Chile, from November 25 to December 13. The 20-member squad, featuring 18 players and two alternates, will look to put their intense preparations to the test and make a strong statement on the world stage. India have been placed in Pool C, alongside Germany, Ireland and Namibia. The Indian team will begin their campaign against Namibia on December 1, followed by matches against Germany on December 3 and Ireland on December 5. The top teams from each pool will progress to the knockout stages, which will be played from December 7 to 13. The team will continue to be led by Jyoti Singh as captain and Tushar Khandker as chief coach. The goalkeeping duties will be shared between Nidhi and Engil Harsha Rani Minz, while the defensive duties have been assigned to Manisha, Lalthanlualangi, Sakshi Shukla, Puja Sahoo, and Nandini. In midfield, India will rely on Sakshi Rana, Ishika, Sunelita Toppo, captain Jyoti Singh, Khaidem Shileima Chanu, and Binima Dhan. The forward line includes Sonam, Purnima Yadav, Kanika Siwach, Hina Bano, and Sukhveer Kaur, promising a sharp attacking front. Priyanka Yadav and Parwati Topno have been named as alternate players for the tournament.